

CFYN Tigershark High School
Pre-season/Post-season Program 2022-23

Cost:

- \$225 per swimmer
- YMCA membership arranged with the YMCA (Required)

Includes:

- Pre-season Practices: **September 7th – October 26th**.
 - *University of Akron: Monday – Thursday 4-6 pm. Friday 6-8 pm*
 - *Optional Saturday dryland workouts maybe be added later.*
 - *Team T-shirt*
 - *Post Season swimming for swimmer who participate in Zones and Senior Championships*

Meet Work Requirements:

Families that have only high school preseason swimmers must work at least one meet season. If you qualify for Championship meets you'll be required to help fill our team volunteer obligations at those meets as well.

Participation Requirements:

The coaches expect you to attend at least 8 practices every 2 weeks and compete any available meets during the pre-season. Swimmers are also expected to compete in any Championship meets they qualify for.

Escrow Accounts:

Dual meets do not have any additional charges; however, YMCA & USA Invitationals will have per event fees which you will be responsible to pay through your escrow accounts. All past due escrow accounts must be paid in full on the day of registration.