

	Lake Erie Age Group Championship March 7-9, 2025 Held under the sanction of USA Swimming Sanction/Approved #LE 25051 SS	Hosted by Lake Erie Swimming
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Location:	Robert F. Busbey Natatorium, Cleveland State University, 2451 Euclid Avenue, Cleveland, OH 44115
Facility:	25 yards by 10 lanes, Colorado timing system and 10 lanes digital readout score board with spacious locker room space and balcony seating for spectators, continuous warm-up and warm-down available. The depth of the pool at the start end is 12 feet. The depth of the pool at the turn end is 4 feet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.
Meet Director:	Carl Shallenberger lechampionships@gmail.com 330-289-9220
Meet Referee:	David Brown
Meet Admin:	Jodie Wohlfeil
Entry Chair:	Carl Shallenberger lechampionships@gmail.com
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	This is a championship meet. Friday March 7 2025-Timed Finals Saturday March 8/Sunday March 9-prelims with a A/B finals session-Any event w/ less than 20 entries will only have an A final. Time trials will be available on Saturday time permitting.
Entry Deadline	<ul style="list-style-type: none"> • All entries must have been received no later than Tuesday, February 25 at 11:59pm <ul style="list-style-type: none"> • WIN and IN entries must be posted to google form by Tuesday Feb 18 @ noon. See attached QR code and flyer. • A hard copy/pdf must be included with the electronic entry with Bonus events clearly marked. NO ENTRIES WILL BE ACCEPTED WITHOUT A HARD COPY or PDF. • Non-qualifying swimmers entered to fill out A relays should be listed individually with USA ID with the entry email and listed in the relay they intend to participate in • Payment must be postmarked by Friday, March 1, 2024 and received by Monday, March 4, 2024 or brought to the meet. <ul style="list-style-type: none"> o Send entries to lechampionships@gmail.com o Payments and hard copy should be mailed to <ul style="list-style-type: none"> • Firestone Akron Swim Team/ATTN: Carl Shallenberger 418 Merriman Road Akron, Oh 44303

# and Description of Session:	<p>Session 1 – Friday March 7 – Timed Final – Warm Up 4:30pm – Competition 5:35pm</p> <p>Session 2 Saturday March 8 -Prelim- Warm up 8:00am Competition 9:05am</p> <p>Session 3-Saturday March 8-time trials-TIME PERMITTING-TBA</p> <p>Session 4 Saturday March 8 Finals- To be posted after the entry deadline.</p> <p>Session 5 Sunday March 9 prelims warm up 8:00am Competition 9:05 am</p> <p>Session 6 Sunday March 9 Finals To Be posted after entry deadline.</p> <p>The finalized warm up plan may be found at www.lakeerieswimming.com by Wednesday of the meet start day... Remember if there is not a continuous warm up pool and you have any individual events 400 yards/meters or longer, you must give the swimmers a 10-minute warm up in the competition pool. The split warm-up provisions apply only to timed finals or prelim sessions and are not required for finals warm-up.</p>
Medical Supervision available to athletes	CSU lifeguards will be on deck for 1st aid.

Organization Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> • At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. • Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. • Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the LESI Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. • Deck changes are prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Flash photography is not permitted at the start of any race. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or • Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Racing Starts	<p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
Ohio State Laws that are applicable to Lake Erie Swimming sanctioned events	<ul style="list-style-type: none"> • Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion. • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.

Organization Regulations/Waivers	
<p>Safe Sport 360</p>	<ul style="list-style-type: none"> • The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. • All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present • For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
<p>Waiver/Release</p>	<ul style="list-style-type: none"> • In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. • By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or LEI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet. • RISK OF EXPOSURE TO COVID-19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc. cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or yourself to and/or increasing your risk of contracting or spreading COVID-19.

Organization Regulations/Waivers	
Code of Conduct	<ul style="list-style-type: none"> • Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. • Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. • The LESI Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. LESI Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of LESI Swimming. The complete LESI Swimming Code of Conduct can be reviewed on the LESI Swimming website under Governance> LESI Policy & Procedures Manual.

Entering the Meet and Competition Information	
Eligibility: <u>Applies only to USA meet</u>	<ul style="list-style-type: none"> • All meet contestants must be a member in good standing per Article 302.. • All contestants must be verified USA Swimming members. Deck Entry at a meet must show electronic athlete membership or a club coach must sign the Deck Entry Form. • Membership verification deadline is 5 PM EST two (2) business days prior to the first day of the meet, March 5, 2025. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. • All adult athletes must hold current Athlete Protection Training certification. All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. • Age on the first day of the meet will determine age for the entire meet. • Athletes must be equal to or faster than the qualifying standard to enter an event. • 13-14 50 Back, 50 Breast, 50 Fly must be entered using the swimmer's 50 time which must be equal to or faster than the Event Standard. • 50's of strokes counts towards the daily total of allotted number of events. • BONUS EVENTS • ONLY 12 and under swimmers are eligible for bonus events. • Swimmers may swim one bonus event per qualifying event, up to max number of events. • Bonus events are for 200-yard and shorter events only. • Swimmers entering bonus events must have a legal time and should be entered at their actual time. • Please be certain to indicate that the event being entered is a bonus event. Both in meet file and on Hard copy • There are no 13-14 Bonus events for swimmers with qualifying times.
Swimmers with a Disability:	<ul style="list-style-type: none"> • Entry Procedures: 1. Enter the USA-S swimmers with a disability electronically with your team entries. 2. Email the Meet Accommodation / Modification Form included in this meet information to the entry chair. • Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.
Entry Limits Entry Fees:	<ul style="list-style-type: none"> • Swimmers may enter as many events as for which they qualify, but MUST scratch down to no more than 3 individual events per day, including bonus events and no more than 8 individual events for the meet, by Wednesday, March 5, 2025 at 11:59pm • \$8.00per individual event. • \$12.00 per relay event plus a \$3.00 per swimmer surcharge. • \$3.00 LE LSC surcharge per swimmer. • There is a \$2.00/swimmer handling fee for entries not furnished in an electronic file.

Entering the Meet and Competition Information

Entry Procedures:

- Deadline for receipt of entries is Tuesday February 25, 2025 by 11:59 pm.
- All entries must be submitted with a hard copy of the entry. No entries will be processed without a hard copy.
- All Bonus events must be clearly marked on hard copy.
- Entries must be submitted in SCY/LCM/SCM an electronic meet entry software (Hy-Tek/Team Unify). Entries will be seeded using SCY/LCM/SCM in that order.
- Send entries to lechampionships@gmail.com.
- Swimmers may enter up to many events as for which they qualify, but **MUST scratch down** to no more than 3 individual events per day, including bonus events and no more than 8 individual events for the meet, **by Wednesday, March 5, 2025 at 11:59pm.**
- Teams may enter two (2) relays per event, both relays can score
- Teams may bring up to two (2) non-qualifying swimmers to fill out A relays. Those teams with non-qualifying swimmers in a relay event are not permitted to enter a B relay in that event.
- Non-qualifying swimmers must be marked with a # on the entry by listing their name in the relay, along with their name listed in the entry email.
- Non-qualifying swimmers may swim one (1) individual event (50-or 100-yard events only) on each day they participate in the relay. Such entries should be marked as bonus events.
- Please list relay names on the entry, on hard copy and in entry email. Names/orders can be changed at the meet
- The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session. Bonus events may be limited to an all or none per session if timeline requires.

BONUS EVENTS

- Bonus events may be eliminated at the meet directors discretion. Bonus events will be eliminated in total in the following order – 12 and under qualified bonus swims, Win and In bonus event, Relay only bonus swims
- 11 - 12 Qualified swimmers
 - Swimmers may swim one bonus event per qualifying event, up to max number of events.
 - Bonus events are for 200-yard and shorter events only.
 - Swimmers entering bonus events must have a legal time and should be entered at their actual time.
 - **Please be certain to indicate that the event being entered is a bonus event. Both in meet file and on**

Hard copy

- 13 - 14 Qualified Swimmers
 - There are NO BONUS EVENTS for 13-14 Swimmers with qualifying times.
- Regionals WIN AND IN
 - Swimmers who won an event at regionals may swim 1 bonus event the day of win and in event.
 - Swimmers are limited to the 3 event per day limit.
 - Bonus events are for 200-yard and shorter events only.
 - Swimmers entering bonus events must have a legal time and should be entered at their actual time.
 - **Please be certain to indicate that the event being entered is a bonus event. Both in meet file and on**

Hard copy

- Relay only Swimmers
 - Swimmers filling out an A relay who have no qualifying times or win and in events may enter 1 bonus event the same day as the relay.
 - Bonus events are for 200-yard and shorter events only.
 - Swimmers entering bonus events must have a legal time and should be entered at their actual time.
 - **Please be certain to indicate that the event being entered is a bonus event. Both in meet file and on**

Hard copy

RELAYS:

- Teams may enter two (2) relays per event, both relays can score
- Teams may bring up to two (2) non-qualifying swimmers to fill out A relays. Those teams with non-qualifying swimmers in a relay event are not permitted to enter a B relay in that event.
- Non-qualifying swimmers must be marked with a # on the entry by listing their name in the relay, along with their name listed in the entry email.
- Non-qualifying swimmers may swim one (1) individual event (50-or 100-yard events only) on each day they participate in the relay. Such entries should be marked as bonus events.

Entering the Meet and Competition Information	
	<ul style="list-style-type: none"> Please list relay names on the entry, on hard copy and in entry email. Names/orders can be changed at the meet
Entry Eligibility	<ul style="list-style-type: none"> Swimmers must be current athlete members of USA Swimming and Lake Erie Swimming and have met the time standard requirements. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host.
Qualifying Times	<ul style="list-style-type: none"> Please see the event listings. Time standards for all swimmers are the 2024-2028 NAG 'BB' for qualifying events. The conforming course is 25 yards. Swimmers must be equal to or faster than the cuts listed. There are no qualifying times for bonus events. Enter at either short course yards (Y), Short Course Meters (S) or long course meters (L) times. Converted times may not be used. Times will be seeded in the order of SCY, LCM, SCM. All swimmers must have an actual time (proof of time may be required) to enter a qualifying or bonus event-NT is not acceptable. Individual entries with NT will NOT be processed and space will not be saved. <ul style="list-style-type: none"> 13-14 50 Back, 50 Breast, 50 Fly must be entered using the swimmer's 50 time & must be equal to or faster than the NAG 'BB' Standard or entered as one of their Bonus events. Proof of Time must be in SWIMS in order to enter an event. Lake Erie Swimming mandates the following: Swimmers should enter an event only if they have achieved the listed time standard for that event, or bonus event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time or a fine of \$10.00 for each swim listed in the notice. Failure to resolve time verification issues within one week of receipt of notice shall result in debit to the team's account in the amount of the fine. Unattached swimmers will receive similar notice.
Proof of Time	<p>Swimmers should enter an event only if they have achieved the listed time standard for that event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time. Proofs of time shall be from an observed swim or from a sanctioned or approved competition only unless the meet announcement specifically states that times from other meets such as high school, YMCA or NCAA may also be submitted. A fine of \$10.00 for each swim listed in the notice for which acceptable proof of time is not provided will be levied against the team or unattached swimmer.</p>

Entering the Meet and Competition Information	
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> • Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. • Coaches must maintain contact with their swimmers during warm-up and throughout the meet. Warm ups shall be 30 (40) minutes each session and may be split if the average number of swimmers per lane is scheduled to exceed USA Swimming's recommended number of athletes per lane. There should be only two swimmers behind the blocks during starts. • There is no diving during warm-up, except in designated sprint lanes. The final 15 minutes of a 30-minute warm-up shall be conducted as follows: <i>(use the appropriate wording for your venue; adjust if your pool has odd number of lanes)</i> <p><i>For a 10-lane pool:</i></p> <ul style="list-style-type: none"> (a) Lanes 1 & 10 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee). (b) Lanes 2 & 9 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool (c) Lanes 3-8 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee. <p><i>For an 8-lane pool:</i></p> <ul style="list-style-type: none"> (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee). (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool (c) Lanes 3-6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee. <p><i>For a 6-lane pool:</i></p> <ul style="list-style-type: none"> (a) Lane 1 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee). (b) Lanes 2 & 5 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool. (c) Lanes 3, 4, and 6 general warm-ups, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee. <p>Swimmers are to sprint one way and climb out at the far end of the pool. Feet first entry only into the continuous warm-up lanes.</p>
Swimmers with a Disability	<p>Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free). Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.</p>
Team Supervision	<p>Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.</p>
Competition Guidelines:	<ul style="list-style-type: none"> • All events 200yds and less will be pre-seeded. • All swimmers in the 1650 Free, 400 IM, 1000 Free, and 500 Free must positively check-in for those events at least 45-minutes prior to the start of their session. Positive check-in sheets will be posted on the windows outside the locker rooms. • Relays will be deck-seeded. Relay cards must be turned upon call from Admin. • In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect. • The entry fees paid for scratched events are NOT refundable

Entering the Meet and Competition Information

The meet director reserves the right to combine events as needed.

CONDUCT:

The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures. Events will be contested in a 25-yard course. The Lake Erie scratch rule (attached) will be in effect. All individual events on Saturday and Sunday are P/F except as noted below under each meet day.

- The Lake Erie scratch rule (attached) will be in effect.
- Finals: 12U will be Top 20 for all prelim/final events, in which a minimum of 20 swimmers are seeded, otherwise Top 10; 500 Free is Timed final with 10 fastest seeded swimming with finals
- Finals: 13/14 will be Top 20 for all prelim/final events in which a minimum of 20 swimmers are seeded, otherwise top 10; 500 Free is Timed Final with 10 fastest seeded swimming with finals
- B Final will swim first, followed by the A Final
- All relays are timed finals and will be swum in the prelim sessions.

Friday:

- All events are timed finals
- The 400 IM and 1650 freestyle will each be swum in this order: ten fastest seeded 12U girls, ten fastest seeded 12U boys, ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, next ten fastest 14U year-old girls, next ten fastest 14U year-old boys, etc. Both the 400 IM and 1650 free will be scored separately by age group (12U, 13/14).

Saturday:

- The 500 Free will be timed finals, swum slowest to fastest with the fastest ten seeded of each age group swimming at finals. Swimmers may indicate their preference to swim in the preliminary session. The swimmers should CLEARLY write "P" next to the event when they check-in if they desire to swim in preliminaries. The top 10 swimmers who state no preference shall be seeded to compete in the finals.

Sunday:

- The 1000 Free will be a timed final swum in prelims in this order: ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, ten fastest seeded 12U girls, ten fastest seeded 12U boys, next ten fastest 14U year-old girls, next ten fastest 14U year-old boys, etc. The 1000 free will be scored separately by age group (12U, 13/14).

Scratch Procedures

- **Scratch Deadline: Wednesday, March 5, 2025 at 11:59pm**
- o Swimmers who do not plan to swim an event/meet or need to scratch down to the permitted number of events must do so by this date. Swimmers entered in too many events who have not scratched down by the deadline will have their excess events scratched by meet personnel.
- The Lake Erie scratch rule (attached) will be in effect.

Deck Entries

Deck entries will be permitted on a space available basis. Deck entries are required to show proof of time and must meet the qualifying standard for the meet. Deck entries will **NOT** be taken for Bonus events. Swimmers new to the meet must show proof of USA Swimming membership. On-deck membership registration will not be available.

- \$14.00 per individual entry
- \$24.00 per relay entry
- \$3.00 Lake Erie Surcharge, if not already in the meet

Scoring/Awards:

Top 20 places by gender/by age group.
 o INDIVIDUAL: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
 o RELAYS: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

- **Individual Awards** (12U, 13-14) 1st-5th medals, 6-10th ribbons
- **Relay Awards** (12U, 13-14) 1st-3rd medals, 4th-5th ribbons
- **High Point and Runner-up Awards:** 12U and 13-14; Girls and Boys
- Awards will be presented after every series of events. Timed Final events will be awarded at the beginning of finals after warm up.

Entering the Meet and Competition Information

General:

PSYCH SHEET/SCRATCH DEADLINE:

Psych Sheets: **Posted Monday, March 3, 2025**

• **Scratch Deadline: Wednesday, March 5 at 11:59pm**

o Swimmers who do not plan to swim an event/meet or need to scratch down to the permitted number of events must do so by this date. Swimmers entered in too many events who have not scratched down by the deadline will have their excess events scratched by meet personnel.

VOLUNTEER ASSIGNMENTS:

This is a Lake Erie sponsored meet. Every club that participates in the meet is expected to provide volunteer meet workers. Volunteer assignments for each team will be posted on the LESI website, www.lakeeriewimming.com, by **MONDAY, MARCH 3 2025**. Assignments will not be emailed to individual club members or coaches. Each team is required to fill all of their volunteer assignments. Should a club fail to fulfill its work responsibilities; a \$100 fine per worker per session will be levied. Volunteer check in will be located in the back hallway on the pool level near the

VENDORS: Fine Design and Jolyn swimmer wear will have vendor tables at the meet

Cleveland State will have their concession stand open on the spectator level.

FRIDAY MARCH 7, 2025

Lake Erie Age Group Championships

Warmups: 4:45-5:30pm

Competition begins: 5:35pm

Girls #	Age Group/Stroke	Boys #
1	13-14 200 Medley Relay	2
3	14U 400 IM*	4
5	13-14 200 Free Relay	6
7	14U 1650 Free*	8

*These events are not eligible as Bonus Events

• All events Friday night are timed finals

• The 400 IM and 1650 freestyle will be swum in this order: ten fastest seeded 12U girls, ten fastest seeded 12U boys, ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, next ten fastest 14U year-old girls, next ten fastest 14U year-old boys, etc. These events will be scored separately by age group (12U, 13-14).

SATURDAY, MARCH 8, 2025

Lake Erie Age Group Championships

Warmups: 8:00-9:00am

Competition Begins: 9:05am

Girls #	Age Group/Stroke	Boys #
9	12U 100 IM	10
11	13-14 50 Free	12
13	12U 50 Free	14
15	13-14 100 Fly	16
17	12U 100 Fly	18
19	13-14 50 Breast	20
21	12U 50 Breast	22
23	13-14 200 Free	24
25	12U 200 Free	26
27	13-14 100 Back	28
29	12U 100 Back	30
31	13-14 200 Breast	32
33	12U 200 Breast	34
35	13-14 400 Free Relay@	36
37	12U 200 Free Relay@	38
39	13-14 500 Free* @	40
41	12U 500 Free* @	42

*These events are not eligible as Bonus Events
@Event is Timed Final

- The 500 Free will be timed finals, swum slowest to fastest with the fastest ten seeded of each age group swimming at finals.

Swimmers may indicate their preference to swim in the preliminary session. The swimmers should CLEARLY write "P" next to the event when they check-in if they desire to swim in preliminaries. The top 10 swimmers who state no preference shall be seeded to compete in the finals.

- Finals events will run in numerical order, minus the relays that are timed finals in prelims (Events 35-38)

SUNDAY, MARCH 9, 2025

Lake Erie Age Group Championships

Warmups: 8:00-9:00am

Competition Begins: 9:05am

Girls #	Age Group/Stroke	Boys #
43	13-14 200 Fly	44
45	12U 200 Fly	46
47	13-14 50 Back	48
49	12U 50 Back	50
51	13-14 200 IM	52
53	12U 200 IM	54
55	13-14 100 Free	56
57	12U 100 Free	58
59	13-14 50 Fly	60
61	12U 50 Fly	62
63	13-14 200 Back	64
65	12U 200 Back	66
67	13-14 100 Breast	68
69	12U 100 Breast	70
71	13-14 400 Medley Relay@	72
73	12U 200 Medley Relay@	74
75	14U 1000 Free*@	76

*These events are not eligible as Bonus Events
@Event is Timed Final

• The 1000 Free will be a timed final swum with all heats swum in prelims in this order: ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, ten fastest seeded 12U girls, ten fastest seeded 12U boys, next ten fastest 14U year-old girls, next ten fastest 14U year-old boys, etc. These events will be scored separately by age group (12U, 13-14).

• Finals events will run in numerical order (43-70)

**Qualifying Times
2024-2028 NAG "BB" Standards**

12 & Under

	GIRLS				BOYS	
SCM	LCM	SCY		SCY	LCM	SCM
34.99	35.89	31.69	50 Free	30.49	34.79	33.69
1:16.59	1:19.49	1:09.39	100 Free	1:06.39	1:16.19	1:13.29
2:46.79	2:53.09	2:30.89	200 Free	2:24.89	2:46.39	2:40.09
5:54.99	6:04.79	6:45.69	500/400 Free	6:29.99	5:53.89	5:41.19
12:13.49	12:42.89	13:58.19	1000/800 Free	13:40.399	12:22.99	11:57.89
23:11.29	24:14.99	23:19.69	1650/1500 Free	22:42.89	24:00.99	22:34.69
39.79	41.59	35.99	50 Back	35.59	41.09	39.29
1:28.19	1:32.699	1:19.79	100 Back	1:15.69	1:29.59	1:23.69
3:04.19	3:13.29	2:46.69	200 Back	2:40.49	3:08.499	2:57.39
45.19	46.19	40.89	50 Breast	40.09	45.89	44.29
1:38.69	1:42.19	1:29.29	100 Breast	1:25.49	1:3.59	1:34.49
3:31.09	3:39.89	3:10.99	200 Breast	3:02.39	3:31.59	3:21.59
37.79	38.79	34.29	50 Fly	34.19	38.69	37.69
1:27.19	1:30.49	1:18.89	100 Fly	1:16.09	1:27.29	1:24.09
3:08.19	3:15.99	2:50.29	200 Fly	2:43.99	3:10.19	3:03.19
1:27.49	-	1:19.09	100 IM	1:15.89	-	1:23.89
3:08.69	3:15.59	2:50.69	200 IM	2:45.79	3:08.99	3:03.19
6:41.89	6:56.79	6:03.69	400 IM	5:50.09	6:46.59	6:26.89

**13 & 14 qualifying times
2024-2028 NAG "BB" Standards**

	GIRLS				BOYS	
SCM	LCM	SCY		SCY	LCM	SCM
33.3	34.59	30.19	50 Free	27.69	31.79	30.69
1:12.89	1:15.39	1:05.89	100 Free	1:00.29	1:09.79	1:06.69
2:37.69	2:42.79	2:22.69	200 Free	2:12.29	2:32.29	2:26.19
5:34.99	5:41.79	6:22.79	500/400 Free	5:58.19	5:23.49	5:13.39
11:31.49	11:50.79	13:10.29	1000/800 Free	12:20.99	11:09.19	10:48.39
21:35.29	22:43.499	22:01.19	1650/1500 Free	20:46.99	21:25.69	20:39.49
37.19	39.49	33.69	50 Back	31.29	36.69	34.59
1:18.89	1:23.29	1:11.39	100 Back	1:06.19	1:17.69	1:13.09
2:50.69	2:59.49	2:34.49	200 Back	2:23.69	2:48.79	2:38.69
43.19	44.39	39.09	50 Breast	35.79	40.89	39.59
1:30.99	1:34.99	1:22.29	100 Breast	1:14.79	1:27.09	1:22.59
3:15.99	3:24.59	2:57.39	200 Breast	2:42.39	3:08.29	2:59.39
36.79	37.09	33.29	50 Fly	30.79	34.59	33.99
1:18.79	1:20.99	1:11.29	100 Fly	1:05.49	1:14.59	1:12.29
2:55.69	3:01.69	2:38.99	200 Fly	2:25.59	2:46.79	2:40.89
2:56.19	3:03.09	2:39.49	200 IM	2:26.69	2:49.79	2:42.09
6:15.29	6:28.19	5:39.69	400 IM	5:13.59	6:02.79	5:46.49

Commented [1]: I assume LCM 50s are left out because times swum this past summer were with old standards (that did not include 50s)

Commented [2R1]: I will update those

SCRATCH RULE

- 1) Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.
- 2) **Pre-Seeded Event:** Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmers they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.
- 3) **Events Seeded on the Deck**
 - a) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
 - b) Any agent of a team (coach, parent, swimmer, etc) who check in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against the team, as the discretion of the Meet Referee.
 - c) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmers the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the check-in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- 4) **Scratching from Finals**
 - a) Any swimmer qualifying for a bonus, consolation, or championship final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete". If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined \$25.00 by LESL. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.
 - b) In the event of withdrawal or barring a swimmer from competition, the Referee shall fill the bonus, consolation, or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with final qualifiers. These alternates shall not be penalized if unavailable to compete at finals.
 - c) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - d) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s). 5) **Exceptions for Failure to Compete:** No penalty shall apply for failure to withdraw or compete in an individual event if a) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - b) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within 30 minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within 30 minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.
 - c) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Summary of Fees/Release Form

2025 Lake Erie Age Group Championships

Team Name	
Club Representative	
Club Rep Email (for questions about entries)	
Coach Attending	
Coach Phone	
Coach Email	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$8.00 per event	
Relay Entries		\$12.00 per relay	
LESI Swimmer Surcharge (exclude Outreach)		\$3.00 per swimmer	
Total Fees Due			

(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members **IN GOOD STANDING**. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. [Host Team], [Facility], Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to:

Lake Erie Swimming Meet Accommodation Form for Swimmer with a Disability

Meet Name:	
Date of Meet:	
Team:	
Swimmer's Name:	
Swimmer's Ability Grouping (P1, P2, P3)	
Coach's Name:	
Coach Cell:	

What, if any, accommodations are needed for the swimmer (include access to facility) up to the time they arrive at the starting block?

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What modification of the technical rules per Article 105 (in accordance with 105.1.2) are needed for the swimmer with a disability for this event?

Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.