

CCS Age Group & Open Swim Meet

Sponsored by The CCS Swim Team

June 3 & 4 2023

Held under USA Swimming Sanction # LE 23070 SS

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting this sanction, Canton City Swimming agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Lake Erie Swimming (LSC), the State of Ohio and Stark County (local jurisdiction).

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC]Lake Erie Swimming AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

LOCATION: C.T. Branin Natatorium, 1715 Harrison Ave NW, Canton, OH 44708 (Next to the Pro Football Hall of Fame)

DIRECTIONS: From the North: Exit I-77 at Fulton Road exit. Continue across Fulton about 4 blocks to dead-end. Turn left toward I-77. Turn left into McKinley High School complex. The Natatorium is on your right. Find a place to park in McKinley parking lot.

From the South: Exit I-77 at 13th (Mercy Hospital) exit. Turn left under I-77 to the second light (Broad Ave). Right on Broad to 17th Street. Right on 17th about three blocks. McKinley High School is on the left with a parking lot in front. Turn left in the complex. The Natatorium is on your right. Find a place to park in McKinley parking lot.

POOL: 50 meters by 8 lanes, Colorado Timing system with digital scoreboard. Spectator seating for over 2000 people. Diving well for continuous warm-up and warm-down during competition. The depth of the pool at the start end is 9 feet 0 inches to 7 feet 0 inches. The depth at the turn end is 3 feet 6 inches.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTING TIMES: Both Saturday and Sunday morning session warm-ups will be 7:45 – 8:30 a.m., with competition starting at 8:35 a.m. Warm-up will be split if the average number of swimmers per lane is scheduled to exceed 30 swimmers per lane, into a minimum of two

groups, in which case warm-up shall be a minimum of thirty (30) minutes per group. Afternoon warm-up will begin approximately 15 minutes after the conclusion of the morning session. Afternoon warm-up will be for a 45-minute period. Estimated afternoon start times will be posted at www.lakeeriewimming.com by Wednesday, May 31, 2023. At the discretion of the Meet Director, warm ups may be split by gender or age group or team.

ENTRY DEADLINE: Entries will not be accepted before Tuesday, May 16 @ 9:00 P.M. Please do not trust your organization's server time or your computer's time when submitting entries. It is suggested that you sync your computer time with the official U.S. time clock found at <http://www.time.gov/> or www.time.is prior to submitting your entries.

Entries will be accepted and entered as they are received until the meet or sessions are full. Please do not send multiple copies of your entries. If multiple files are received, they will be considered revised files and will be entered by the most recent date and time with the original entry deleted. The deadline for entries is 11:59 PM, May 24, 2023, if not closed sooner. Once an entry has been accepted, there will be no refund of entry fees after the meet has closed or after the entry deadline, whichever comes first. Phone entries will not be accepted. No updated times will be accepted after the entry deadline. Email entries to ccs.meet.entry@gmail.com. Payments should be made payable to Swim CCS and mailed to 1715 Harrison Ave NW Canton, OH 44708. c/o CCS Swim Team.

TEAM SUPERVISION: Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RETURN TO PLAY LAW: Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found http://www.NFHSEarn.com/self_coursest. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ENTRY LIMITATIONS: Individual events on Saturday & Sunday are \$6.00; and a \$3.00 per swimmer LESI surcharge. There is a \$2.00/swimmer handling fee for entries not received in an electronic file. Payments should be made payable to Swim CCS. c/o CCS Swim Team, 1715 Harrison Ave NW, Canton OH 44708

ENTRY LIMITATIONS: Swimmers may enter up to 3 events per day.

DECK ENTRIES: Deck entries are not permitted

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age is as of the first day of the meet, June 3, 2023 On deck USA Swimming registration will not be available.

QUALIFYING TIMES: Please see event listings. No qualifying times listed for this meet. Please list times in long course meters.

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

Conduct: The meet will be conducted according to the rules set forth in the current USA swimming rules and regulations. Events will be contested in a 50 meter course and will be timed finals. All 10 & under events will be awarded as 8& under and 9-10. All events will be swam slowest to fastest, except the 400 freestyle, will be swam fastest to slowest alternating men and women and may have limited heats. All events will be preseeded except for the 400 free and 400 IM which will be deck seeded.

SEEDING & CHECK IN: Events will be preseeded except for the 400 Free and 400 IM. Check in sheets for the 400 Free and 400 IM will be posted. The Lake Erie scratch rule will be in effect.

CLERK OF COURSE: Clerk of Course will not be provided.

SCORING: Meet will not be scored.

AWARDS: Individual Events : Ribbons first-eight for 8&U, 9-10, and 11-12 only.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ADMISSION COST: \$5.00 per spectator/per day. Kids 6 & under are free. Psych sheets will be on meet mobile and heat sheets will be posted on deck.

PARKING: Cost of parking is free.

RESULTS: Results will be posted on www.lakeerieswimming.com web site. Teams may request a TM file at the conclusion of the meet.

TIME TRIALS: Time Trials will not be offered.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. Warm ups may be split if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner or using a 3-point entry with one hand in contact with the pool edge. There is no diving during warm-up, except in designated sprint lanes.

The final 20 minutes of a 45-minute warm-up shall be conducted as follows:

- a. Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the direction of the Meet Referee or his/her designee.)
- b. Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- c. Lanes 3 – 6 general warm-ups, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm up for violating safety rules.

MEDICAL SUPERVISION: A Meet Safety Director and lifeguards will be present to respond to an emergency or provide first aid in the event that is needed.

CAMERA ZONES: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the

DECK CHANGES: Deck changes are prohibited.

INITIAL DISTANCE: In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

OFFICIATING OPPORTUNITY – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet if at all possible to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's name and email: Kellie Douglas kelliedouglas@yahoo.com

Mark Rogers rogersmp84@gmail.com

Official's Chair: Jen Butler jenbutler@case.edu

COACHES: Coaches must show their current certification and will receive a wristband that must be worn during the meet. Hospitality will be provided.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Kellie Douglas kelliedouglas@yahoo.com 330-401-7334

Mark Rogers rogersmp84@gmail.com 330-412-0494

ENTRY PERSON:

EVACUATION PLAN: Swimmers & Coaches on Deck: Exit through pool deck doors on the South and West Exit signs.

Spectators: North Bleachers, Exit down the stairs on the north stairwells to the exit signs on the north end of the building.

West Bleachers, exit down stairwells on the west side and exit out west exit signs.

East Bleachers –Exit down east or north stairwells and exit north of south exit doors.

CCS Age Group & Open Swim Meet

Schedule of Events

Saturday AM, 7:45 Warm-Up, 8:35 meet start (Timed Finals)

June 3, 2023

Girls #	Qualifying Time	Age Group/Stroke	Qualifying Time	Boys #
		10 & Under		
1		200 FREE		2
5		100 BREAST		6
9		50 BACK		10
13		50 FREE		14
17		100 FLY		18
		11 and 12		
3		200 FREE		4
7		100 BREAST		8
11		50 BACK		12
15		50 FREE		16
19		100 FLY		20

CCS Age Group & Open Swim Meet

Schedule of Events

Saturday PM, 45 minute Warm-Up, Will be posted on LE Website

June 3, 2023

Girls #	Qualifying Time	Age Group/Stroke	Qualifying Time	Boys #
		13 and 14		
21		200 FREE		22
25		100 BREAST		26
29		100 BACK		30
33		200 FLY		34
37		50 FREE		38
		OPEN		
23		200 FREE		24
27		100 BREAST		28
31		100 BACK		32
35		200 FLY		36
39		50 FREE		40

41		400 IM		42
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CCS Age Group & Open Swim Meet

Schedule of Events

Sunday AM 7:45 Warm-Up, 8:35 Meet Start (Timed Finals)

June 4, 2023

Girls #	Qualifying Time	Age Group/Stroke	Qualifying Time	Boys #
		10 & Under		
43		200 IM		44
47		50 FLY		48
51		50 BREAST		52
55		100 FREE		56
59		100 BACK		60
		11 and 12		
45		200 IM		46
49		50 FLY		50

53		50 BREAST		54
57		100 FREE		58
61		100 BACK		62

CCS Age Group & Open Swim Meet

Schedule of Events

Sunday PM, 45 minute Warm-Up, Will be posted at LE website

June 4,2023

Girls #	Qualifying Time	Age Group/Stroke	Qualifying Time	Boys #
		13 and 14		
63		200 IM		64
67		100 FLY		68
71		200 BACK		72
75		100 FREE		76

79		100 BREAST		80
		OPEN		
65		200 IM		66
69		100 FLY		70
73		200 BACK		74
77		100 FREE		78
81		200 BREAST		82
83		400 FREE		84

CCS AGE GROUP & OPEN SWIM MEET
JUNE 3 – 4, 2023 MEET ENTRY SUMMARY PAGE
MEET SUMMARY PAGE

Team Name: _____ Team Code: _____ LSC Code: _____

Contact Person: _____ Phone: _____ Email _____

Address: _____ City: _____ State: _____ Zip _____

_____ (Total # of swimmers X \$3.00 (LESI Surcharge) = \$ _____

_____ (Total # of individual events) X \$ 6.00/event = \$ _____

_____ (Total # of swimmers) X \$2.00 (handling fee for paper entries) \$ _____

TOTAL AMOUNT REMITTED: \$ _____

Swimmers will be without a coach on deck:

I have arranged for my swimmer's to be supervised by _____.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: _____ (coach or member team representative). DATE: _____

Make checks payable to Swim CCS and Mailed to 1715 Harrison Ave NW, Canton OH 44708.

Please note: All entries submitted with this sheet should be covered by a single check.

DEADLINE FOR RECEIPT IS MAY 27, 2023

This sheet must accompany all entries including HY-TEK Meet Manager electronic entries, hard copy & check.

Mail to: 1715 Harrison Ave NW, Canton OH 44708

LAKE ERIE SWIMMING, INC.

INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmers they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.

B. Events Seeded on the Deck –

(1) Events seeded on the deck shall be closed for seeding no earlier than forty-five (45) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.

(2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.

(3) Any agent of a team (coach, parent, swimmer, etc.) who checks in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against that team at the discretion of the Meet Referee.

(4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).

C. Scratching from Bonus Finals, Consolation Finals and Finals

(1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to

compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

(2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

(3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

(4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).

D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if

(1) The Referee is notified in the event of illness or injury and accepts the proof thereof.

(2) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.

(3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.