

Stevie Grieshammer High School Preview/Age Group Meet

Hosted by

Blazing Barracudas

Sunday, October 22, 2023

Busbey Natatorium, Cleveland State University

Held under USA Swimming Sanction # LE 24006 SS

This meet is a great way for swimmers to experience or "preview" the order of events for typical High School and Middle School swim meets before they're sent off to begin their swim seasons with their respective schools. The meet is named in honor of GLSS swimmer, Stevie Grieshammer, with a portion of the proceeds to be donated to SADS (Sudden Arrhythmia Death Syndrome).

In granting for this sanction, BLAZING BARRACUDAS agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, LE, the State of Ohio and Cuyahoga County (local jurisdiction).

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND LE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

COVID PROTOCOLS:

At this time there are no COVID protocols. This may change prior to the meet.

LOCATION:

Robert F. Busbey Natatorium, Cleveland State University, 2451 Euclid Avenue, Cleveland, OH 44115

POOL:

25 yards by 10 lanes, Colorado timing system and 10 lanes digital readout score board with ample locker room space and balcony seating for spectators; Continuous warm-up and warm-down pool available in non-competitive end of the pool. The depth of the pool at both the start end and turn end is 12 feet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

RACING STARTS:

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTING TIMES:

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Morning session warm-ups will be a 45-minute session, starting at 7:30 a.m. The competition will start at 8:20 a.m. Afternoon session warm-ups will start 15 minutes after the conclusion of the AM session and last 45 minutes. Afternoon competition will begin immediately following the 45-minute warm up. Warm-ups may be split if the average number of swimmers per lane is scheduled to exceed USA Swimming's recommended number of athletes per lane. Sessions and events may be combined/split in order to control the length of the meet.

Finalized warm up plans and estimated afternoon start times will be posted on the www.lakeerieswimming.com and the BBA web sites by Thursday, October 19, 2023.

ENTRY DEADLINE:

Entries, electronic or otherwise, will not be accepted before **Monday, October 2, 2023, at 9:00 PM**. Any entries sent prior to the permitted times will be deleted. It is suggested that you sync your computer time with the official U.S. time clock found at <http://www.time.gov/> or www.time.is prior to submitting your entries. Deadline for submission of entries is October 11, 2023. The meet may close before the deadline if the sessions reach the maximum length so mail early. Those who get closed out will be notified by email.

Email to bbameetentries@hb.edu

TEAM SUPERVISION:

Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RETURN TO PLAY LAW:

Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining> It is your responsibility to take care of this requirement.

ENTRY FEES:

\$40 which includes events, admission for spectators, \$3 LESI Surcharge, \$3 donation to SADS in memory of Stevie Grieshammer \$12 per relay

There is a \$5.00/swimmer handling fee for entries not furnished in an electronic file. Make checks payable to Blazing Barracudas and mail to **Sarah Tobin, 5525 Kenbridge Dr., Highland Heights, OH 44143**

ENTRY LIMITATIONS:

Swimmers may compete in no more than 3 individual events.

13 & Overs can swim no more than 3 relay events for the meet.

12 & Unders can swim in no more than 2 relay events for the meet.

DECK ENTRIES:

Deck entries will be taken on a space available basis at the discretion of the meet director up to 45 minutes before the start of the session and seeded at No Time. The decision about deck entries will be published after the entry deadline on www.lakeerieswimming.com. Deck entrants should sign up at the deck entry table at \$15.00 per individual event. Deck entry swimmers new to the meet will be charged \$3.00 LESI surcharge and must provide proof of USA Swimming registration. Deck entries will be allowed to score. Deck entrants for whom there is no space will receive a refund.

ELIGIBILITY:

Swimmers must be current athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host. On deck USA Swimming athlete registration will not be available. Age is as of the first day of the meet, October 22, 2023.

All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

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QUALIFYING TIMES:

There will be no qualifying times for this meet. Swimmers should enter events with their best yard times. NT will not be accepted, so please enter an estimated time for swimmers who do not have a legal time in an event. NT events will not be processed until a time is received and space will not be held. Updated times will be accepted electronically until Wednesday October 11, 2023.

SWIMMERS WITH A DISABILITY:

Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free). Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT:

The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures. All events are timed finals and will be swum slowest to fastest. The meet host reserves the right to combine/split sessions and events and/or limit the number of entries in one or more events in order to control the length of the meet. Teams will be notified by email of swimmers who are affected by such limits by October 14. Such swimmers may either enter another event if space is available or receive a refund.

12 & Under individual events will be scored as 8 & Under, 9-10, 11-12.

SEEDING & CHECK IN:

All events will be deck-seeded. All swimmers must check in at least 45 minutes prior to the start of their session. Check-in sheets will be posted. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

CLERK OF COURSE:

A Clerk of Course will not be provided.

SCORING:

Scoring will be as follows: 11, 9, 8, 7, 6, 5, 4, 3, 2, 1 for individual events; relays double.

AWARDS:

Individual: 1st - 10th place ribbons for 12 & under events only according to age groups: 8 & under, 9-10, 11-12.

Relays: 1st - 3rd place ribbons for 12 & Under relays only

DRONES:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ADMISSION COST:

The cost of admission is included in the entry fee.

PARKING:

CSU charges for event parking (est. \$10 per day). Parking lots are available at the corner of Chester and E. 22nd Street or on Euclid Ave and E. 24th Street. City of Cleveland street meter parking is free all day Sunday on Chester Avenue. Cleveland State University meter parking is available on a very limited basis.

RESULTS:

Will be posted on www.lakeerieswimming.com and the BBA website after the meet.

TIME TRIALS:

Time Trials will not be offered.

SAFETY/WARM-UP:

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool in a cautious manner by carefully stepping into the water or using the 3-point entry with one hand in contact with the pool edge. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of warm-up shall be conducted as follows:

- (a) Lanes 1 & 10 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).
- (b) Lanes 2 & 9 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-8 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Feet first entry only into the continuous warm-up lanes.

MEDICAL SUPERVISION:

A Meet Safety Director and lifeguards will be present to respond to an emergency or provide first aid in the event that is needed.

CAMERA ZONES:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

DECK CHANGES:

Deck changes are prohibited.

INITIAL DISTANCE:

In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

OFFICIATING OPPORTUNITY

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet if at all possible to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's name and email: Sarah Tobin, bbameetentries@hb.edu

Official's Chair: Jen Butler, jbutler@case.edu

COACHES:

Relay cards will be available at coach check-in. Coaches will be notified at check-in of time and location of coaches meeting if needed.

NOTE:

Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Sarah Tobin bbameetentries@hb.edu

8/29/2023

ENTRY PERSON: Sarah Tobin

bbameetentries@hb.edu 440-552-7023

DIRECTIONS:

From I-77 NORTH, follow signs to I-90 east to E. 22nd street exit, follow E. 22nd north (left) to Euclid or Chester. From I-90 east or west, exit at Chester Ave., park on Chester or Euclid. From Ohio Turnpike, take I-77 or I-71 north to I-90 east (see above).

SPECTATOR EMERGENCY EVACUATION PLAN

In the event of an alarm or an emergency requiring evacuation:

Remain calm, walk to the nearest exit, and leave the building.

Do not use the elevators.

Do not attempt to go on deck or into the locker rooms

Swimmers will be directed by their coaches or meet workers to STILLWELL HALL ON THE WEST SIDE OF THE BUILDING (the scoreboard is on the west wall of the pool)

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SCHEDULE OF EVENTS

SESSIONS/EVENTS MAY BE SPLIT OR COMBINED DEPENDING ON NUMBER OF ENTRIES. HEATS MAY BE LIMITED.
FINALIZED WARM UP WILL BE AVAILABLE BY OCTOBER 19, 2023

Morning Session

7:30 Warm-up, 8:20 Meet Start (Timed Finals)

Girls #	Age Group/Stroke	Boys #
	13 & OVER	
1	200 Medley Relay	2
3	200 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
9	100 Butterfly	10
11	100 Freestyle	12
13	500 Freestyle	14
15	200 Freestyle Relay	16
17	100 Backstroke	18
19	100 Breaststroke	20
21	400 Freestyle Relay	22

Afternoon Session

Afternoon warm-up will begin 15 minutes after the conclusion of the morning session

Competition will begin at the completion of the 45-minute warm-up.

Estimated start times will be listed

at www.lakeerieswimming.com by October 19, 2023.

Girls #	Age Group/Stroke	Boys #
	12 & UNDER	
23	200 Freestyle	24
25	100 Individual Medley	26
27	50 Freestyle	28

29	50 Butterfly	30
31	100 Freestyle	32
33	500 Freestyle	34
35	200 Medley Relay	36
37	50 Backstroke	38
39	50 Breaststroke	40
41	200 Freestyle Relay	42

12 & under individual events will be awarded top 10 per age groups: 8 & under, 9-10, 11-12

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MEET ENTRY SUMMARY PAGE

Team Name: _____ Team Code: _____ LSC Code: _____

Contact Person: _____ Phone: _____

Email _____

Address: _____ City: _____ State: _____ Zip _____

_____ (Total # of swimmers) X \$40.00 = \$ _____

_____ (Total # of relay events) X \$12.00/relay entry = \$ _____

_____ (Total # of swimmers) X \$5.00 (handling fee for paper entries) \$ _____

TOTAL AMOUNT REMITTED: \$ _____

Swimmers will be without a coach on deck:

Sun. a.m., Sun. p.m.

I have arranged for my swimmer/s to be supervised by

_____.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: _____ DATE: _____
(Coach or Member Team Representative)

Make checks payable to Blazing Barracudas

Please note: All entries submitted with this sheet should be covered by a single check.

DEADLINE FOR RECEIPT IS October 11, 2023.

This sheet must accompany all entries including HY-TEK Meet Manager electronic entries, hard copy & check.

Mail to:

Sarah Tobin

5525 Kenbridge Dr.

Highland Heights, OH 44143

**LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE**

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmers they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.

B. Events Seeded on the Deck –

(1) Events seeded on the deck shall be closed for seeding no earlier than forty-five (45) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.

(2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.

(3) Any agent of a team (coach, parent, swimmer, etc.) who checks in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against that team at the discretion of the Meet Referee.

(4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).

C. Scratching from Bonus Finals, Consolation Finals and Finals

(1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

(2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

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