

Note: All items in blue need to be filled in by the meet host. Items in black do not have to be filled in.

	<p>CCS Age Group and Open Swim Meet Oct 5th and 6th Held under the sanction of USA Swimming #LE 25004 SS</p>	<p>Hosted by Canton City Swimming</p>
--	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------

Location:	C.T. Branin Natatorium 1715 Harrison Ave, Canton, OH 44708 (Next to Pro Football Hall of Fame) 330-438-2738		
Facility:	<p>Short Course 25 yards by 8 lanes. Ample spectator seating. Site the Ohio High School State Swimming and Diving Championships. The depth of the pool at the start end is 9 feet, 0 inches. The depth at the turn end is 7 feet, 0 inches. Warm-up/warm-down will be available in the non-competition end of the pool.</p> <p>Colorado Timing system with digital scoreboard indoor pool</p> <p><u>25</u> yards by <u>8</u> lanes, Colorado timing system and <u>8</u> lanes digital readout score board with spacious locker room space and balcony seating for spectators, continuous warm-up and warm-down (not) available. The depth of the pool at the start end is <u>9</u> feet. The depth of the pool at the turn end is <u>7</u> feet. The competition course has been (not) certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.(if available)</p>		
Meet Director:	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"> Mark Rogers Rogers_m2@ccsdistrict.org 330-412-0494 </td> <td style="width: 50%; border: none;"> Kellie Douglas kelliedouglas@yahoo.com 330-401-7334 </td> </tr> </table>	Mark Rogers Rogers_m2@ccsdistrict.org 330-412-0494	Kellie Douglas kelliedouglas@yahoo.com 330-401-7334
Mark Rogers Rogers_m2@ccsdistrict.org 330-412-0494	Kellie Douglas kelliedouglas@yahoo.com 330-401-7334		
Meet Referee:	Jen Butler jbutler@case.edu		
Meet Admin:			
Entry Chair:	Mark Rogers Rogers_m2@ccsdistrict.org 330-412-0494 (cell) Make checks payable to Swim CCS and mailed to Swim CCS. c/o CT Branin Natatorium, 1715 Harrison Ave NW, Canton, Ohio 44708.		
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Meet Type:	Open Meet Timed Finals		
Entry Deadline	Entries, electronic or otherwise, must be received by 11:59 PM, September 25, 2024 , Entries will not be accepted before Monday, September 16, 2024 @ 9:00 P.M. The meet will be closed before the entry deadline if the sessions are full, so send early. Hard copy, meet summary sheet and check must be received by September 27, 2024 or the team's entry may be deleted.		

# and Description of Session:	<p>Session 1 – 10/5/24 – Morning Session-Timed Finals – warm-ups will be 7:45 – 8:30 a.m., with competition starting at 8:35 a.m.</p> <p>Session 2 – 10/5/24 – Afternoon Session-Timed Finals -- Afternoon warm-up will begin approximately 15 minutes after the conclusion of the morning session. Afternoon warm-up will be for a 45 minute period</p> <p>Session 3 – 10/6/24 – Morning Session – Timed Finals -- warm-ups will be 7:45 – 8:30 a.m., with competition starting at 8:35 a.m.</p> <p>Session 4 -- 10/6/24 –Afternoon Session- Timed Finals -- Afternoon warm-up will begin approximately 15 minutes after the conclusion of the morning session. Afternoon warm-up will be for a 45 minute period</p> <p>The finalized warm up plan may be found at www.lakeerieswimming.com by Wednesday of the meet start day Wednesday, October 2, 2024.</p>
Medical Supervision available to athletes	<p>Lifeguards and a Meet Safety Director will be present during the meet.</p>

Organization Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> <input type="checkbox"/> At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. <input type="checkbox"/> Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. <input type="checkbox"/> The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. <input type="checkbox"/> Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the LESI Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. <input type="checkbox"/> Deck changes are prohibited. <input type="checkbox"/> Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. <input type="checkbox"/> Flash photography is not permitted at the start of any race. <input type="checkbox"/> All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or <input type="checkbox"/> Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Racing Starts	<p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>
Ohio State Laws that are applicable to Lake Erie Swimming sanctioned events	<ul style="list-style-type: none"> <input type="checkbox"/> Ohio’s Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion. <input type="checkbox"/> There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.

Organization Regulations/Waivers	
<p>Safe Sport 360</p>	<ul style="list-style-type: none"> <input type="checkbox"/> The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. <input type="checkbox"/> The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. <input type="checkbox"/> Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. <input type="checkbox"/> All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. <input type="checkbox"/> All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. <input type="checkbox"/> Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present <input type="checkbox"/> For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
<p>Waiver/Release</p>	<ul style="list-style-type: none"> <input type="checkbox"/> In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. <input type="checkbox"/> By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. <input type="checkbox"/> All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or LEI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet. <input type="checkbox"/> RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc. cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or yourself to and/or increasing your risk of contracting or spreading COVID-19.

Organization Regulations/Waivers	
Code of Conduct	<ul style="list-style-type: none"> <input type="checkbox"/> Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. <input type="checkbox"/> Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. <input type="checkbox"/> The LESI Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. LESI Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of LESI Swimming. The complete LESI Swimming Code of Conduct can be reviewed on the LESI Swimming website under Governance> LESI Policy & Procedures Manual.

Entering the Meet and Competition Information	
Eligibility: Applies only to USA meet	<ul style="list-style-type: none"> <input type="checkbox"/> All meet contestants must be a member in good standing per Article 302.. <input type="checkbox"/> All contestants must be verified USA Swimming members. Deck Entry at a meet must show electronic athlete membership or a club coach must sign the Deck Entry Form. <input type="checkbox"/> Membership verification deadline is 5 PM EST two (2) business days prior to the first day of the meet. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. <input type="checkbox"/> All adult athletes must hold current Athlete Protection Training certification. All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. <input type="checkbox"/> Age on the first day of the meet will determine age for the entire meet.
Swimmers with a Disability:	<ul style="list-style-type: none"> <input type="checkbox"/> Entry Procedures: <ol style="list-style-type: none"> 1. Enter the USA-S swimmers with a disability electronically with your team entries. 2. Email the Meet Accommodation / Modification Form included in this meet information to the entry chair. <input type="checkbox"/> Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.
Entry Limits Entry Fees:	<ul style="list-style-type: none"> <input type="checkbox"/> Swimmers may swim a maximum of [4] individual events per day. <input type="checkbox"/> \$8 per individual event. <input type="checkbox"/> \$3 LE LSC surcharge per swimmer. <input type="checkbox"/> There is a \$2.00/swimmer handling fee for entries not furnished in an electronic file.
Entry Procedures:	<ul style="list-style-type: none"> <input type="checkbox"/> Deadline for receipt of entries is 9/25/24 <input type="checkbox"/> Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). <input type="checkbox"/> Send entries to Entry Chair. Swimmers may enter up to ___4___ individual events per day. <input type="checkbox"/> The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Entry Eligibility	<ul style="list-style-type: none"> <input type="checkbox"/> Swimmers must be current athlete members of USA Swimming and Lake Erie Swimming and have met the time standard requirements. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host.

Entering the Meet and Competition Information	
Qualifying Times	<input type="checkbox"/> Please see event listings. No qualifying times listed for this meet.
Proof of Time	No qualifying times listed for this meet.
Warm-up and Safety Guidelines:	<input type="checkbox"/> Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. <input type="checkbox"/> Coaches must maintain contact with their swimmers during warm-up and throughout the meet. Warm ups shall be 30 (40) minutes each session and may be split if the average number of swimmers per lane is scheduled to exceed USA Swimming's recommended number of athletes per lane. There should be only two swimmers behind the blocks during starts. <input type="checkbox"/> There is no diving during warm-up, except in designated sprint lanes. The final 15 minutes of a 30 minute warm-up shall be conducted as follows: <i>(use the appropriate wording for your venue; adjust if your pool has odd number of lanes)</i> <i>For a 10 lane pool:</i> (a) Lanes 1 & 10 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee). (b) Lanes 2 & 9 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool (c) Lanes 3-8 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee. <i>For an 8 lane pool:</i> (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee). (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool (c) Lanes 3-6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee. <i>For a 6 lane pool:</i> (a) Lane 1 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee). (b) Lanes 2 & 5 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool. (c) Lanes 3, 4, and 6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee. Swimmers are to sprint one way and climb out at the far end of the pool. Feet first entry only into the continuous warm-up lanes.

Entering the Meet and Competition Information	
Swimmers with a Disability	Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free). Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.
Team Supervision	Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.
Competition Guidelines:	<input type="checkbox"/> All individual events will be pre-seeded except the 500 free and the 400 IM. Check in sheets for the 500 free and 400 IM will be posted. In accordance with 102.1.4, events may be seeded together but scored separately. <input type="checkbox"/> Events seeded on the deck shall be closed for seeding no earlier than forty-five (45) minutes prior to the start of the session. Hosts may provide alternate methods of check-in (such as email, phone, and fax) for swimmers who do not plan to arrive before the scratch deadline.
Scratch Procedures	<input type="checkbox"/> The Lake Erie scratch rule (attached) will be in effect.
Deck Entries	No deck entries
Awards:	Individual Events: - Ribbons: First- Eighth Awards for 12 & Under events only
General:	<p>ADMISSION COST: \$5.00 per spectator (kids 5 & Under and Seniors 65 & older free) Digital psych sheets will be emailed prior to the meet. Heat Sheets will be available for \$3.00.</p> <p>CONCESSIONS: Concessions will be available during the meet.</p>

CCS Age Group and Open Swim Meet

ORDER OF EVENTS

Oct 5th, 2024 Session 1

7:30-8:30 Warm-up

8:35 Session Start

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		10 & Under		
1		200 IM		2
5		50 FREESTYLE		6
9		100 BUTTERFLY		10
13		50 BREASTSTROKE		14
17		100 BACKSTROKE		18
		11 and 12		
3		200 IM		4
7		50 FREESTYLE		8
11		100 BUTTERFLY		12
15		50 BREASTSTROKE		16
19		100 BACKSTROKE		20

Oct 5th, 2024 Session 2

Afternoon session warm-up will begin approximately 15 minutes after the conclusion of the last heat of the morning session. Warm-up will last 45 minutes.

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		13 & 14		
21		200 IM		22
25		100 FREESTYLE		26
29		200 BUTTERFLY		30
33		100 BREASTSTROKE		34
37		200 BACKSTROKE		38
		15 & Over		
23		200 IM		24
27		100 FREESTYLE		28
31		200 BUTTERFLY		32
35		100 BREASTSTROKE		36
39		200 BACKSTROKE		40
41		13 & OVER		42
		*500 FREE***		

Oct 6th, 2024 Session 3

7:30-8:30 Warm-up

8:35 Session Start

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		10 & Under		
43		200 FREESTYLE		44
47		50 BUTTERFLY		48
51		100 BREASTSTROKE		52
55		50 BACKSTROKE		56
59		100 FREESTYLE		60
		11 AND 12		
45		200 FREESTYLE		46
49		50 BUTTERFLY		50
53		100 BREASTSTROKE		54
57		50 BACKSTROKE		58
61		100 FREESTYLE		62
		12 & UNDER		
63		*500 FREESTYLE*		64

Oct 6th, 2024 Session 4

Afternoon session warm-up will begin approximately 15 minutes after the conclusion of the last heat of the morning session. Warm-up will last 45 minutes.

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		OPEN		
65		*400 IM		66
		13 and 14		
67		100 BUTTERFLY		68
71		200 FREESTYLE		72
75		200 BREASTSTROKE		76
79		100 BACKSTROKE		80
83		50 FREESTYLE		84
		15 & Over		
69		100 BUTTERFLY		70
73		200 FREESTYLE		74
77		200 BREASTSTROKE		78
81		100 BACKSTROKE		82
85		50 FREESTYLE		86

Short Course Meters

B Min BB Min A Min AA Min AAA Min AAAA Min

AAAA Min AAA Min AA Min A Min BB Min B Min

10 & under Girls

42.99	38.89	34.69	33.29	31.89	30.59	50 M Free	30.29	31.59	32.89	34.19	38.09	41.99
1:38.99	1:28.39	1:17.89	1:14.39	1:10.89	1:07.39	100 M Free	1:06.99	1:10.29	1:13.69	1:16.99	1:26.99	1:36.99
3:40.09	3:15.99	2:51.89	2:43.89	2:35.79	2:27.79	200 M Free	2:24.39	2:31.29	2:38.19	2:44.99	3:05.69	3:26.29
7:22.89	6:38.59	5:54.29	5:39.59	5:24.79	5:10.09	400 M Free	5:04.29	5:18.79	5:33.29	5:47.79	6:31.19	7:14.69
51.99	46.29	40.59	38.69	36.79	34.89	50 M Back	35.09	37.09	38.99	40.99	46.79	52.69
1:52.69	1:40.19	1:27.69	1:23.49	1:19.29	1:15.19	100 M Back	1:15.89	1:19.79	1:23.59	1:27.49	1:39.09	1:50.69
58.89	52.49	46.19	44.09	41.89	39.79	50 M Breast	39.19	41.19	43.29	45.29	51.39	57.59
2:10.49	1:55.99	1:41.49	1:36.69	1:31.89	1:26.99	100 M Breast	1:26.69	1:30.99	1:35.29	1:39.59	1:52.59	2:05.59
52.39	46.19	39.99	37.99	35.89	33.79	50 M Fly	33.49	35.29	37.19	39.09	44.79	50.49
2:05.99	1:49.49	1:32.99	1:27.49	1:21.99	1:16.49	100 M Fly	1:16.29	1:21.69	1:26.99	1:32.29	1:48.29	2:04.19
1:53.39	1:41.29	1:29.19	1:25.19	1:21.19	1:17.19	100 M IM	1:16.89	1:20.49	1:24.19	1:27.89	1:38.79	1:49.79
4:01.49	3:36.19	3:10.79	3:02.39	2:53.99	2:45.49	200 M IM	2:44.29	2:52.49	3:00.69	3:08.89	3:33.49	3:58.09

10 & under Boys

37.29	34.69	32.19	30.89	29.59	28.29	50 M Free	26.99	28.29	29.59	30.89	33.39	35.99
1:21.29	1:15.49	1:09.69	1:06.79	1:03.89	1:00.99	100 M Free	58.89	1:01.69	1:04.49	1:07.29	1:12.89	1:18.49
2:58.09	2:45.39	2:32.69	2:26.29	2:19.99	2:13.59	200 M Free	2:09.09	2:15.19	2:21.29	2:27.49	2:39.79	2:52.09
6:15.49	5:48.69	5:21.89	5:08.49	4:55.09	4:41.69	400 M Free	4:33.89	4:46.89	4:59.99	5:12.99	5:39.09	6:05.19
12:57.19	12:01.69	11:06.19	10:38.49	10:10.69	9:42.89	800 M Free	9:32.69	9:59.99	10:27.29	10:54.59	11:49.09	12:43.59
24:45.29	22:59.19	21:13.09	20:20.09	19:26.99	18:33.99	1500 M Free	18:09.99	19:01.89	19:53.79	20:45.69	22:29.59	24:13.39
42.39	39.29	36.29	34.79	33.29	31.79	50 M Back	30.89	32.49	34.09	35.69	38.99	42.19
1:34.19	1:26.69	1:19.29	1:15.59	1:11.89	1:08.19	100 M Back	1:05.79	1:09.39	1:12.99	1:16.59	1:23.69	1:30.89
3:15.19	3:01.29	2:47.29	2:40.29	2:33.39	2:26.39	200 M Back	2:23.09	2:29.89	2:36.69	2:43.49	2:57.19	3:10.79
47.59	44.19	40.79	39.09	37.39	35.69	50 M Breast	34.39	36.19	38.09	39.99	43.69	47.39
1:44.29	1:36.59	1:28.89	1:24.99	1:21.19	1:17.29	100 M Breast	1:14.89	1:18.79	1:22.69	1:26.59	1:34.39	1:42.29
3:44.49	3:28.39	3:12.39	3:04.39	2:56.39	2:48.39	200 M Breast	2:41.59	2:49.29	2:56.99	3:04.59	3:19.99	3:35.39
40.59	37.69	34.79	33.39	31.89	30.49	50 M Fly	29.59	31.19	32.79	34.49	37.79	40.99
1:33.99	1:26.49	1:18.99	1:15.19	1:11.49	1:07.69	100 M Fly	1:05.59	1:09.39	1:13.19	1:16.89	1:24.49	1:32.09
3:19.79	3:05.59	2:51.29	2:44.19	2:36.99	2:29.89	200 M Fly	2:26.39	2:33.29	2:40.29	2:47.29	3:01.19	3:15.19
1:33.19	1:26.59	1:19.89	1:16.59	1:13.29	1:09.89	100 M IM	1:06.69	1:09.89	1:13.19	1:16.39	1:22.89	1:29.39
3:19.69	3:05.39	2:51.19	2:43.99	2:36.89	2:29.79	200 M IM	2:24.59	2:31.99	2:39.39	2:46.69	3:01.49	3:16.19
7:04.49	6:34.19	6:03.89	5:48.69	5:33.59	5:18.39	400 M IM	5:09.19	5:23.89	5:38.69	5:53.39	6:22.79	6:52.29

13-14 Girls

36.09	33.49	30.89	29.59	28.39	27.09	50 M Free	24.89	26.09	27.29	28.39	30.79	33.19
1:18.29	1:12.69	1:07.09	1:04.29	1:01.49	58.69	100 M Free	54.39	56.99	59.59	1:02.19	1:07.29	1:12.49
2:49.29	2:37.19	2:25.09	2:18.99	2:12.99	2:06.99	200 M Free	1:58.49	2:04.19	2:09.79	2:15.39	2:26.69	2:37.99
5:58.29	5:32.69	5:07.09	4:54.29	4:41.49	4:28.69	400 M Free	4:13.79	4:25.89	4:37.89	4:49.99	5:14.19	5:38.29
12:16.89	11:24.19	10:31.59	10:05.29	9:38.99	9:12.69	800 M Free	8:45.89	9:10.89	9:35.99	10:00.99	10:51.09	11:41.09
23:15.29	21:35.69	19:55.99	19:06.19	18:16.29	17:26.49	1500 M Free	16:38.29	17:25.89	18:13.39	19:00.89	20:35.99	22:11.09
1:25.29	1:19.19	1:13.09	1:10.09	1:06.99	1:03.99	100 M Back	59.69	1:02.59	1:05.39	1:08.19	1:13.89	1:19.59
3:04.89	2:51.69	2:38.49	2:31.89	2:25.29	2:18.69	200 M Back	2:10.19	2:16.39	2:22.59	2:28.79	2:41.19	2:53.59
1:37.99	1:30.99	1:23.99	1:20.49	1:16.99	1:13.49	100 M Breast	1:07.49	1:10.69	1:13.89	1:17.09	1:23.49	1:29.89
3:32.19	3:16.99	3:01.89	2:54.29	2:46.69	2:39.09	200 M Breast	2:27.79	2:34.89	2:41.89	2:48.89	3:02.99	3:17.09
1:24.99	1:18.89	1:12.89	1:09.79	1:06.79	1:03.79	100 M Fly	59.19	1:01.99	1:04.89	1:07.69	1:13.29	1:18.89
3:07.89	2:54.49	2:41.09	2:34.39	2:27.69	2:20.99	200 M Fly	2:11.19	2:17.49	2:23.69	2:29.99	2:42.49	2:54.99
3:09.49	2:55.89	2:42.39	2:35.59	2:28.89	2:22.09	200 M IM	2:12.59	2:18.89	2:25.19	2:31.59	2:44.19	2:56.79
6:44.19	6:15.39	5:46.49	5:31.99	5:17.59	5:03.19	400 M IM	4:43.29	4:56.79	5:10.29	5:23.79	5:50.69	6:17.69

13-14 Boys

15-16 Girls

35.39	32.89	30.39	29.09	27.89	26.59	50 M Free	23.89	25.09	26.19	27.39	29.59	31.89
1:16.89	1:11.39	1:05.89	1:03.19	1:00.39	57.69	100 M Free	52.09	54.59	57.09	59.59	1:04.49	1:09.49
2:45.59	2:33.79	2:21.99	2:16.09	2:10.09	2:04.19	200 M Free	1:53.79	1:59.29	2:04.69	2:10.09	2:20.89	2:31.79
5:50.69	5:25.59	5:00.59	4:48.09	4:35.49	4:22.99	400 M Free	4:04.59	4:16.19	4:27.89	4:39.49	5:02.79	5:26.09
12:05.69	11:13.89	10:22.09	9:56.09	9:30.19	9:04.29	800 M Free	8:27.39	8:51.59	9:15.69	9:39.89	10:28.19	11:16.49
22:57.09	21:18.69	19:40.39	18:51.19	18:01.99	17:12.79	1500 M Free	16:05.89	16:51.89	17:37.89	18:23.89	19:55.89	21:27.89
1:23.39	1:17.39	1:11.49	1:08.49	1:05.49	1:02.49	100 M Back	56.69	59.39	1:02.09	1:04.79	1:10.19	1:15.59
3:01.39	2:48.39	2:35.49	2:28.99	2:22.49	2:15.99	200 M Back	2:04.19	2:10.09	2:15.99	2:21.99	2:33.79	2:45.59
1:36.09	1:29.19	1:22.39	1:18.89	1:15.49	1:12.09	100 M Breast	1:04.29	1:07.39	1:10.49	1:13.49	1:19.59	1:25.79
3:27.89	3:13.09	2:58.19	2:50.79	2:43.39	2:35.99	200 M Breast	2:19.79	2:26.49	2:33.09	2:39.79	2:53.09	3:06.39
1:23.29	1:17.29	1:11.39	1:08.39	1:05.39	1:02.49	100 M Fly	56.59	59.29	1:01.99	1:04.69	1:10.09	1:15.49
3:04.29	2:51.09	2:37.99	2:31.39	2:24.79	2:18.19	200 M Fly	2:05.49	2:11.49	2:17.49	2:23.39	2:35.39	2:47.29
3:05.79	2:52.59	2:39.29	2:32.69	2:25.99	2:19.39	200 M IM	2:06.59	2:12.59	2:18.69	2:24.69	2:36.69	2:48.79
6:35.09	6:06.89	5:38.69	5:24.59	5:10.49	4:56.39	400 M IM	4:32.69	4:45.69	4:58.69	5:11.69	5:37.69	6:03.59

15-16 Boys

17-18 Girls

34.79	32.29	29.79	28.59	27.29	26.09	50 M Free	23.19	24.29	25.39	26.49	28.69	30.89
1:15.29	1:09.99	1:04.59	1:01.89	59.19	56.49	100 M Free	50.89	53.29	55.69	58.19	1:02.99	1:07.79
2:44.19	2:32.49	2:20.79	2:14.89	2:08.99	2:03.19	200 M Free	1:51.59	1:56.89	2:02.19	2:07.59	2:18.19	2:28.79
5:49.29	5:24.39	4:59.39	4:46.89	4:34.49	4:21.99	400 M Free	4:00.09	4:11.49	4:22.89	4:34.29	4:57.19	5:20.09
12:03.09	11:11.39	10:19.79	9:53.89	9:28.09	9:02.29	800 M Free	8:23.79	8:47.79	9:11.69	9:35.69	10:23.69	11:11.69
22:50.29	21:12.39	19:34.59	18:45.59	17:56.69	17:07.69	1500 M Free	15:49.39	16:34.59	17:19.79	18:04.99	19:35.39	21:05.79
1:22.29	1:16.39	1:10.49	1:07.59	1:04.69	1:01.69	100 M Back	54.89	57.49	1:00.09	1:02.79	1:07.99	1:13.19
2:58.19	2:45.39	2:32.69	2:26.39	2:19.99	2:13.59	200 M Back	2:01.19	2:06.89	2:12.69	2:18.49	2:29.99	2:41.49
1:34.89	1:28.09	1:21.29	1:17.99	1:14.59	1:11.19	100 M Breast	1:02.89	1:05.89	1:08.89	1:11.89	1:17.89	1:23.89
3:24.39	3:09.79	2:55.19	2:47.89	2:40.59	2:33.29	200 M Breast	2:17.19	2:23.79	2:30.29	2:36.79	2:49.89	3:02.99
1:21.99	1:16.09	1:10.29	1:07.29	1:04.39	1:01.49	100 M Fly	54.59	57.19	59.79	1:02.39	1:07.59	1:12.79
3:01.59	2:48.69	2:35.69	2:29.19	2:22.69	2:16.19	200 M Fly	2:03.09	2:08.99	2:14.89	2:20.69	2:32.39	2:44.19
3:02.99	2:49.99	2:36.89	2:30.39	2:23.79	2:17.29	200 M IM	2:04.39	2:10.39	2:16.29	2:22.19	2:33.99	2:45.89
6:29.99	6:02.09	5:34.29	5:20.29	5:06.39	4:52.49	400 M IM	4:25.99	4:38.69	4:51.29	5:03.99	5:29.29	5:54.69

17-18 Boys

Short Course Yards

B Min BB Min A Min AA Min AAA Min AAAA Min

AAAA Min AAA Min AA Min A Min BB Min B Min

10 & under Girls

38.89	35.19	31.39	30.19	28.89	27.69	50 Y Free	27.39	28.59	29.79	30.99	34.49	38.09
1:29.59	1:19.99	1:10.49	1:07.29	1:04.19	1:00.99	100 Y Free	1:00.59	1:03.69	1:06.69	1:09.69	1:18.79	1:27.79
3:18.99 *	2:57.19 *	2:35.39 *	2:28.19 *	2:20.89 *	2:13.59 *	200 Y Free	2:10.69	2:16.89	2:23.09	2:29.39	2:47.99	3:06.69
8:25.39 *	7:34.89 *	6:44.29 *	6:27.49 *	6:10.59 *	5:53.79 *	500 Y Free	5:47.69	6:04.19	6:20.79	6:37.39	7:26.99	8:16.69
46.99	41.89	36.69	34.99	33.29	31.59	50 Y Back	31.69 *	33.49 *	35.19 *	36.99 *	42.29 *	47.49 *
1:41.99	1:30.69	1:19.29	1:15.59	1:11.79	1:07.99	100 Y Back	1:08.39 *	1:11.89 *	1:15.39 *	1:18.79 *	1:29.29 *	1:39.79 *
53.19 *	47.49	41.69 *	39.79 *	37.89 *	35.99	50 Y Breast	35.49	37.29	39.19	40.99	46.59	52.09
1:58.09	1:44.99	1:31.89	1:27.49	1:23.09	1:18.79	100 Y Breast	1:18.29 *	1:22.19 *	1:26.09 *	1:29.99 *	1:41.69 *	1:53.39 *
47.39	41.79	36.19	34.39	32.49	30.59	50 Y Fly	30.29	31.99	33.69	35.39	40.49	45.69
1:53.99	1:39.09	1:24.09	1:19.19	1:14.19	1:09.19	100 Y Fly	1:08.49 *	1:13.19 *	1:17.99 *	1:22.79 *	1:37.09 *	1:51.39 *
1:42.59	1:31.69	1:20.79	1:17.09	1:13.49	1:09.79	100 Y IM	1:09.09 *	1:12.39 *	1:15.69 *	1:18.99 *	1:28.89 *	1:38.79 *
3:38.49	3:15.59	2:52.69	2:45.09	2:37.39	2:29.79	200 Y IM	2:28.69	2:36.19	2:43.59	2:50.99	3:13.19	3:35.49

10 & under Boys

11-12 Girls

33.59 *	31.29 *	28.99 *	27.79 *	26.59 *	25.49 *	50 Y Free	24.49	25.59	26.79	27.89	30.29	32.59
1:13.59	1:08.29	1:03.09	1:00.49	57.79	55.19	100 Y Free	53.29	55.79	58.29	1:00.89	1:05.89	1:10.99
2:40.39 *	2:28.99 *	2:17.49 *	2:11.79 *	2:05.99 *	2:00.29 *	200 Y Free	1:55.89 *	2:01.39 *	2:06.99 *	2:12.49 *	2:23.49 *	2:34.59 *
7:08.79 *	6:38.19 *	6:07.59 *	5:52.19 *	5:36.89 *	5:21.59 *	500 Y Free	5:12.99	5:27.89	5:42.79	5:57.69	6:27.49	6:57.29
14:48.09	13:44.69	12:41.19	12:09.49	11:37.79	11:06.09	1000 Y Free	10:54.39	11:25.59	11:56.79	12:27.89	13:30.19	14:32.59
24:53.99	23:07.29	21:20.59	20:27.19	19:33.89	18:40.49	1650 Y Free	18:16.39	19:08.59	20:00.79	20:52.99	22:37.49	24:21.89
38.09 *	35.39 *	32.69 *	31.29 *	29.99 *	28.59 *	50 Y Back	27.79 *	29.29 *	30.69 *	32.09 *	34.99 *	37.89 *
1:24.79 *	1:18.09 *	1:11.39 *	1:08.09 *	1:04.69 *	1:01.39 *	100 Y Back	59.49 *	1:02.79	1:05.99 *	1:09.19 *	1:15.69 *	1:22.19
2:56.59	2:43.99	2:31.39	2:25.09	2:18.79	2:12.49	200 Y Back	2:08.99 *	2:15.19 *	2:21.29 *	2:27.39 *	2:39.69 *	2:51.99 *
42.99 *	39.99	36.89	35.39	33.79 *	32.29	50 Y Breast	31.09	32.69 *	34.39 *	36.09 *	39.49 *	42.89
1:34.09 *	1:27.19 *	1:20.19 *	1:16.69 *	1:13.19 *	1:09.79 *	100 Y Breast	1:06.99 *	1:10.49 *	1:13.99 *	1:17.49 *	1:24.49 *	1:31.39 *
3:20.89 *	3:06.59 *	2:52.19 *	2:45.09 *	2:37.89 *	2:30.69 *	200 Y Breast	2:25.59 *	2:32.49 *	2:39.39 *	2:46.39 *	3:00.19 *	3:14.09 *
36.49 *	33.89 *	31.29 *	29.99 *	28.69 *	27.39 *	50 Y Fly	26.79	28.19	29.69	31.19	34.19	37.09
1:24.39 *	1:17.59 *	1:10.89 *	1:07.49 *	1:04.19 *	1:00.79 *	100 Y Fly	58.99 *	1:02.39 *	1:05.89 *	1:09.29 *	1:16.09 *	1:22.89 *
2:59.99 *	2:47.19 *	2:34.29 *	2:27.89 *	2:21.39 *	2:14.99 *	200 Y Fly	2:09.89 *	2:16.09 *	2:22.19 *	2:28.39 *	2:40.79 *	2:53.19 *
1:24.09 *	1:18.09 *	1:12.09 *	1:09.09 *	1:06.09 *	1:03.09 *	100 Y IM	1:00.29	1:03.29	1:06.19	1:09.09	1:14.99	1:20.89
3:00.19 *	2:47.29 *	2:34.49 *	2:27.99 *	2:21.59 *	2:15.19 *	200 Y IM	2:10.69 *	2:17.29 *	2:23.99 *	2:30.69 *	2:43.99 *	2:57.29 *
6:24.19	5:56.79	5:29.29	5:15.59	5:01.89	4:48.19	400 Y IM	4:39.79	4:53.19	5:06.49	5:19.79	5:46.39	6:13.09

11-12 Boys

13-14 Girls

32.59 *	30.19 *	27.89 *	26.79	25.59 *	24.39 *	50 Y Free	22.49	23.49 *	24.59 *	25.69	27.79 *	29.89 *
1:10.59 *	1:05.49 *	1:00.49 *	57.99 *	55.49 *	52.89 *	100 Y Free	49.19	51.59	53.89	56.29	1:00.89	1:05.59
2:32.09 *	2:21.29 *	2:10.39 *	2:04.99 *	1:59.49 *	1:54.09 *	200 Y Free	1:47.29	1:52.39	1:57.49	2:02.59	2:12.79	2:22.99
6:47.79 *	6:18.69 *	5:49.59 *	5:34.99 *	5:20.39 *	5:05.89 *	500 Y Free	4:49.99	5:03.79	5:17.59	5:31.39	5:58.99	6:26.59
14:01.99	13:01.79	12:01.69	11:31.59	11:01.59	10:31.49	1000 Y Free	10:00.89	10:29.49	10:58.09	11:26.69	12:23.89	13:21.19
23:23.49	21:43.19	20:02.99	19:12.89	18:22.79	17:32.59	1650 Y Free	16:44.19	17:31.99	18:19.79	19:07.59	20:43.19	22:18.89
1:16.69 *	1:11.19 *	1:05.69 *	1:02.99 *	1:00.19 *	57.49 *	100 Y Back	53.59 *	56.19 *	58.69 *	1:01.29 *	1:06.39 *	1:11.49 *
2:46.79 *	2:34.89 *	2:22.99 *	2:17.09 *	2:11.09 *	2:05.09 *	200 Y Back	1:57.19 *	2:02.79 *	2:08.39 *	2:13.99 *	2:25.09 *	2:36.29 *
1:27.99 *	1:21.69 *	1:15.39 *	1:12.29 *	1:09.09 *	1:05.99 *	100 Y Breast	1:00.99 *	1:03.89 *	1:06.79 *	1:09.69 *	1:15.49 *	1:21.29 *
3:10.89 *	2:57.29 *	2:43.69 *	2:36.79 *	2:29.99 *	2:23.19 *	200 Y Breast	2:12.49 *	2:18.79 *	2:25.09 *	2:31.39 *	2:43.99 *	2:56.59 *
1:16.39 *	1:10.89 *	1:05.49 *	1:02.69 *	59.99 *	57.29 *	100 Y Fly	53.39 *	55.89 *	58.49 *	1:00.99 *	1:06.09 *	1:11.19 *
2:48.99 *	2:36.89 *	2:24.89 *	2:18.79 *	2:12.79 *	2:06.79 *	200 Y Fly	1:58.69 *	2:04.29 *	2:09.99 *	2:15.59 *	2:26.89 *	2:38.19 *
2:49.79 *	2:37.59 *	2:25.49 *	2:19.49 *	2:13.39 *	2:07.29 *	200 Y IM	1:59.99	2:05.69	2:11.39	2:17.09 *	2:28.49 *	2:39.99
6:03.59 *	5:37.59 *	5:11.69 *	4:58.69 *	4:45.69 *	4:32.69 *	400 Y IM	4:16.09 *	4:28.29 *	4:40.49 *	4:52.69 *	5:17.09 *	5:41.49 *

13-14 Boys

15-16
Girls
and
Boys

31.79*	29.49*	27.19*	26.09*	24.99*	23.79*	50 Y Free	21.29*	22.29*	23.29*	24.39*	26.39*	28.39*
1:08.89*	1:03.99*	58.99*	56.59*	54.09*	51.69*	100 Y Free	46.79*	48.99*	51.19*	53.49*	57.89*	1:02.39*
2:29.39*	2:18.69*	2:08.09*	2:02.69*	1:57.39*	1:52.09*	200 Y Free	1:42.39*	1:47.29*	1:52.09*	1:56.99*	2:06.79*	2:16.49*
6:40.59*	6:11.99*	5:43.39*	5:29.09	5:14.79	5:00.49	500 Y Free	4:37.99*	4:51.19*	5:04.39*	5:17.69*	5:44.09*	6:10.59*
13:49.19	12:49.99	11:50.79	11:21.19	10:51.59	10:21.89	1000 Y Free	9:39.79	10:07.39	10:34.99	11:02.59	11:57.79	12:52.99
23:05.19	21:26.19	19:47.29	18:57.79	18:08.39	17:18.89	1650 Y Free	16:11.59	16:57.79	17:44.09	18:30.39	20:02.89	21:35.39
1:14.69*	1:09.39*	1:03.99*	1:01.39*	58.69*	55.99*	100 Y Back	51.09*	53.49*	55.99*	58.39*	1:03.19*	1:08.09*
2:42.99*	2:31.39*	2:19.69*	2:13.89*	2:08.09*	2:02.29*	200 Y Back	1:50.99*	1:56.29*	2:01.59*	2:06.89*	2:17.49*	2:27.99*
1:25.89*	1:19.69*	1:13.59*	1:10.49*	1:07.49*	1:04.39*	100 Y Breast	57.39*	1:00.19*	1:02.89*	1:05.59*	1:11.09*	1:16.49*
3:05.99*	2:52.79*	2:39.49*	2:32.79*	2:26.19*	2:19.49*	200 Y Breast	2:06.19*	2:12.19*	2:18.19*	2:24.19*	2:36.19*	2:48.19*
1:14.69*	1:09.39*	1:03.99*	1:01.39*	58.69*	55.99*	100 Y Fly	50.59*	53.09*	55.49*	57.89*	1:02.69*	1:07.49*
2:45.29*	2:33.49*	2:21.69*	2:15.79*	2:09.89*	2:03.99*	200 Y Fly	1:53.49*	1:58.89*	2:04.29*	2:09.69*	2:20.49*	2:31.29*
2:46.79*	2:34.89*	2:22.99*	2:16.99*	2:10.99*	2:05.09*	200 Y IM	1:53.79*	1:59.19*	2:04.69*	2:10.09*	2:20.89*	2:31.69*
5:55.89*	5:30.49*	5:04.99*	4:52.29*	4:39.59*	4:26.89*	400 Y IM	4:05.29*	4:16.99*	4:28.59*	4:40.29*	5:03.69*	5:26.99*

17-18
Girls
and
Boys

31.39*	29.09*	26.89*	25.79*	24.59*	23.49*	50 Y Free	20.89*	21.89*	22.89*	23.89*	25.89*	27.89*
1:08.19	1:03.29	58.49	55.99	53.59	51.19	100 Y Free	45.79*	47.99*	50.09*	52.29*	56.69*	1:00.99*
2:28.49*	2:17.89*	2:07.29*	2:01.99*	1:56.69*	1:51.39*	200 Y Free	1:39.79*	1:44.59*	1:49.29*	1:54.09*	2:03.59*	2:13.09*
6:35.69*	6:07.39*	5:39.19*	5:24.99*	5:10.89*	4:56.79*	500 Y Free	4:31.59*	4:44.59*	4:57.49*	5:10.39*	5:36.29*	6:02.19*
13:46.19	12:47.19	11:48.19	11:18.69	10:49.19	10:19.69	1000 Y Free	9:32.59*	9:59.79*	10:27.09*	10:54.39*	11:48.89*	12:43.39*
22:48.49*	21:10.69*	19:32.99*	18:44.09*	17:55.19*	17:06.39*	1650 Y Free	15:51.49*	16:36.79*	17:22.09*	18:07.39*	19:37.99*	21:08.59*
1:13.69*	1:08.49*	1:03.19*	1:00.59*	57.89*	55.29*	100 Y Back	49.69	51.99*	54.39	56.69*	1:01.49	1:06.19*
2:39.79*	2:28.39*	2:16.99*	2:11.29*	2:05.59*	1:59.89*	200 Y Back	1:48.69*	1:53.89*	1:58.99*	2:04.19*	2:14.59*	2:24.89*
1:24.89*	1:18.79*	1:12.79*	1:09.79*	1:06.69*	1:03.69*	100 Y Breast	56.39*	58.99*	1:01.69*	1:04.39*	1:09.79*	1:15.09*
3:03.79*	2:50.69*	2:37.59*	2:30.99*	2:24.39*	2:17.89*	200 Y Breast	2:02.49*	2:08.29*	2:14.19*	2:19.99*	2:31.69*	2:43.29*
1:13.59*	1:08.29*	1:03.09*	1:00.49*	57.79*	55.19*	100 Y Fly	49.39	51.79	54.09	56.49	1:01.19	1:05.89
2:43.49*	2:31.89*	2:20.19*	2:14.29*	2:08.49*	2:02.69*	200 Y Fly	1:50.59*	1:55.89*	2:01.19*	2:06.39*	2:16.99*	2:27.49*
2:44.39*	2:32.69*	2:20.89*	2:15.09*	2:09.19*	2:03.29*	200 Y IM	1:50.79*	1:55.99*	2:01.29*	2:06.59*	2:17.09*	2:27.69*
5:51.19*	5:26.09*	5:00.99*	4:48.49*	4:35.89*	4:23.39*	400 Y IM	3:59.89*	4:11.29*	4:22.69*	4:34.19*	4:56.99*	5:19.89*

Long Course Meters

10 & under Girls

44.09	39.89	35.59	34.19	32.79	31.39	50 M Free	31.39	32.79	34.09	35.49	39.49	43.59
1:41.99 *	1:31.19 *	1:20.29 *	1:16.69 *	1:13.09 *	1:09.39 *	100 M Free	1:09.49	1:12.89 *	1:16.39 *	1:19.79 *	1:30.19 *	1:40.59 *
3:45.79	3:20.99	2:56.29	2:48.09	2:39.79	2:31.59	200 M Free	2:29.49	2:36.59	2:43.69	2:50.79	3:12.09	3:33.49
7:36.79	6:51.09	6:05.39	5:50.19	5:34.99	5:19.79	400 M Free	5:14.59 *	5:29.59 *	5:44.49 *	5:59.49 *	6:44.49 *	7:29.39 *
54.89	48.89	42.89	40.89	38.89	36.89	50 M Back	36.89	38.89	40.99	42.99	49.19	55.29
1:59.19	1:45.99	1:32.69	1:28.29	1:23.89	1:19.49	100 M Back	1:18.89 *	1:22.89 *	1:26.99 *	1:30.99 *	1:43.09 *	1:55.09 *
1:00.49	53.99	47.49	45.29	43.09	40.89	50 M Breast	40.59	42.69	44.89	46.99	53.29	59.69
2:14.79 *	1:59.79 *	1:44.89 *	1:39.89 *	1:34.89 *	1:29.89 *	100 M Breast	1:29.29 *	1:33.79 *	1:38.19 *	1:42.69 *	1:55.99 *	2:09.39 *
53.39 *	47.09 *	40.79 *	38.69 *	36.59 *	34.49 *	50 M Fly	34.39	36.29	38.19	40.19	45.99	51.79
2:09.99	1:52.99	1:35.99	1:30.29	1:24.59	1:18.89	100 M Fly	1:18.09 *	1:23.59 *	1:28.99 *	1:34.49 *	1:50.79 *	2:07.09 *
4:09.39	3:43.19	3:17.09	3:08.29	2:59.59	2:50.89	200 M IM	2:49.89	2:58.39	3:06.89	3:15.39	3:40.79	4:06.19

10 & under Boys

11-12 Girls

38.39 *	35.69 *	32.99 *	31.69 *	30.39 *	29.09 *	50 M Free	27.99 *	29.29 *	30.69	31.99 *	34.69	37.29 *
1:24.09 *	1:18.09 *	1:12.09 *	1:09.09 *	1:06.09 *	1:03.09 *	100 M Free	1:00.99 *	1:03.89 *	1:06.79 *	1:09.69 *	1:15.49 *	1:21.29 *
3:02.29 *	2:49.19 *	2:36.19 *	2:29.69 *	2:23.19 *	2:16.69 *	200 M Free	2:13.19 *	2:19.49 *	2:25.79 *	2:32.19 *	2:44.89 *	2:57.49 *
6:23.89	5:56.49	5:29.09	5:15.39	5:01.69	4:47.99	400 M Free	4:41.59	4:55.09	5:08.49	5:21.89	5:48.69	6:15.49
13:24.09 *	12:26.69 *	11:29.29 *	11:00.59 *	10:31.79 *	10:03.09 *	800 M Free	9:53.79	10:22.09	10:50.39	11:18.59	12:15.19	13:11.69
25:45.79	23:55.39	22:04.99	21:09.79	20:14.59	19:19.39	1500 M Free	18:55.19	19:49.19	20:43.29	21:37.39	23:25.49	25:13.59
43.99 *	40.79 *	37.69 *	36.09 *	34.49 *	32.99 *	50 M Back	31.99 *	33.69 *	35.39 *	36.99 *	40.39 *	43.69 *
1:38.69 *	1:30.99 *	1:23.19 *	1:19.29 *	1:15.39 *	1:11.49 *	100 M Back	1:09.19 *	1:12.99 *	1:16.69 *	1:20.49 *	1:27.99 *	1:35.49 *
3:24.49 *	3:09.89 *	2:55.29 *	2:47.99 *	2:40.69 *	2:33.39 *	200 M Back	2:29.59 *	2:36.69 *	2:43.79 *	2:50.99 *	3:05.19 *	3:19.49 *
48.99	45.49	41.99	40.19	38.49	36.69	50 M Breast	35.49 *	37.49 *	39.39 *	41.29 *	45.19 *	48.99 *
1:48.89 *	1:40.89 *	1:32.79 *	1:28.79 *	1:24.79 *	1:20.79 *	100 M Breast	1:18.09 *	1:22.19	1:26.19 *	1:30.29 *	1:38.39 *	1:46.59 *
3:52.59 *	3:35.99 *	3:19.39 *	3:11.09 *	3:02.79	2:54.49	200 M Breast	2:48.49	2:56.59	3:04.59	3:12.59	3:28.69	3:44.69
41.29	38.29	35.39	33.89	32.39 *	30.99	50 M Fly	30.19 *	31.89 *	33.59 *	35.19 *	38.59 *	41.89 *
1:36.19	1:28.49	1:20.79	1:16.99	1:13.09 *	1:09.29	100 M Fly	1:06.99	1:10.89	1:14.69	1:18.59	1:26.29	1:33.99
3:24.89	3:10.19	2:55.59	2:48.29	2:40.99	2:33.69	200 M Fly	2:30.39 *	2:37.49 *	2:44.69 *	2:51.89 *	3:06.19 *	3:20.49 *
3:26.09 *	3:11.39 *	2:56.59 *	2:49.29 *	2:41.89 *	2:34.59 *	200 M IM	2:30.19 *	2:37.79 *	2:45.49 *	2:53.19 *	3:08.49 *	3:23.79 *
7:19.69	6:48.29	6:16.89	6:01.19	5:45.49	5:29.79	400 M IM	5:22.39 *	5:37.79 *	5:53.09 *	6:08.49 *	6:39.19 *	7:09.89 *

11-12 Boys

13-14 Girls

37.09 *	34.49 *	31.79 *	30.49 *	29.19 *	27.89 *	50 M Free	25.79	27.09	28.29	29.49	31.99	34.39
1:20.49 *	1:14.79 *	1:08.99 *	1:06.19 *	1:03.29 *	1:00.39 *	100 M Free	56.49 *	59.09 *	1:01.79 *	1:04.49 *	1:09.89 *	1:15.29 *
2:54.29 *	2:41.79 *	2:29.39 *	2:23.19 *	2:16.89 *	2:10.69 *	200 M Free	2:03.09	2:08.89	2:14.79	2:20.59	2:32.29	2:44.09
6:06.79 *	5:40.59 *	5:14.39 *	5:01.29 *	4:48.19 *	4:35.09 *	400 M Free	4:21.79	4:34.29	4:46.69	4:59.19	5:24.09	5:49.09
12:35.99	11:41.99	10:47.99	10:20.99	9:53.99	9:26.99	800 M Free	9:04.39	9:30.29	9:56.29	10:22.19	11:13.99	12:05.89
24:06.39	22:23.09	20:39.79	19:48.09	18:56.49	18:04.79	1500 M Free	17:19.89	18:09.39	18:58.89	19:48.39	21:27.39	23:06.49
1:29.99	1:23.59	1:17.09	1:13.89	1:10.69	1:07.49	100 M Back	1:02.89 *	1:05.89 *	1:08.89 *	1:11.89 *	1:17.89 *	1:23.89 *
3:12.39 *	2:58.69 *	2:44.89 *	2:38.09 *	2:31.19 *	2:24.29 *	200 M Back	2:16.59 *	2:23.09 *	2:29.59 *	2:36.09 *	2:49.09 *	3:02.09 *
1:42.09 *	1:34.79 *	1:27.49 *	1:23.89 *	1:20.19 *	1:16.59 *	100 M Breast	1:11.19	1:14.59	1:17.89	1:21.29	1:28.09	1:34.89
3:39.69 *	3:23.99 *	3:08.29 *	3:00.49 *	2:52.59 *	2:44.79 *	200 M Breast	2:34.09 *	2:41.39 *	2:48.79 *	2:56.09 *	3:10.79 *	3:25.49 *
1:26.59 *	1:20.39 *	1:14.29 *	1:11.19 *	1:08.09 *	1:04.99 *	100 M Fly	1:00.99	1:03.89	1:06.79	1:09.69	1:15.49	1:21.29
3:12.99 *	2:59.19 *	2:45.49 *	2:38.59 *	2:31.69 *	2:24.79 *	200 M Fly	2:15.69 *	2:22.19 *	2:28.59 *	2:35.09 *	2:47.99 *	3:00.89 *
3:15.79 *	3:01.79 *	2:47.79 *	2:40.79 *	2:33.89 *	2:26.89 *	200 M IM	2:18.49 *	2:25.09 *	2:31.69 *	2:38.29 *	2:51.39 *	3:04.59 *
6:55.49 *	6:25.89 *	5:56.19 *	5:41.29 *	5:26.49 *	5:11.69 *	400 M IM	4:54.59	5:08.59	5:22.59	5:36.59	6:04.69	6:32.69

13-14 Boys

15-16 Girls

36.39	33.79	31.19	29.89	28.59	27.29	50 M Free	24.39	25.59	26.79	27.89	30.19	32.59
1:19.19 *	1:13.49 *	1:07.89 *	1:04.99 *	1:02.19 *	59.39 *	100 M Free	53.99 *	56.59 *	59.19 *	1:01.69 *	1:06.89 *	1:11.99
2:50.49 *	2:38.29 *	2:26.19 *	2:20.09 *	2:13.99 *	2:07.89 *	200 M Free	1:57.99	2:03.69	2:09.29	2:14.89	2:26.09	2:37.39
5:58.49	5:32.89	5:07.29	4:54.49	4:41.69	4:28.89	400 M Free	4:10.29	4:22.19	4:34.19	4:46.09	5:09.89	5:33.69
12:21.29	11:28.39	10:35.39	10:08.99	9:42.49	9:15.99	800 M Free	8:45.09 *	9:10.09 *	9:35.09 *	10:00.09 *	10:50.09 *	11:40.09
23:43.89	22:02.19	20:20.49	19:29.59	18:38.79	17:47.89	1500 M Free	16:36.69	17:24.19	18:11.69	18:59.09	20:33.99	22:08.99
1:27.29 *	1:21.09 *	1:14.89 *	1:11.79 *	1:08.59 *	1:05.49 *	100 M Back	1:00.09 *	1:02.99 *	1:05.89 *	1:08.69 *	1:14.39 *	1:20.19
3:08.39 *	2:54.99 *	2:41.49 *	2:34.79 *	2:28.09 *	2:21.29 *	200 M Back	2:10.29	2:16.49	2:22.69	2:28.89	2:41.39	2:53.79
1:39.49 *	1:32.39 *	1:25.29 *	1:21.69 *	1:18.19	1:14.59 *	100 M Breast	1:07.39	1:10.59	1:13.79	1:16.99	1:23.49	1:29.89
3:35.89 *	3:20.49 *	3:05.09 *	2:57.39 *	2:49.59 *	2:41.89 *	200 M Breast	2:26.49 *	2:33.49 *	2:40.49 *	2:47.49 *	3:01.39 *	3:15.39
1:25.39 *	1:19.29 *	1:13.19 *	1:10.09 *	1:07.09 *	1:03.99 *	100 M Fly	57.99	1:00.79	1:03.59	1:06.29	1:11.79	1:17.39
3:07.29 *	2:53.99 *	2:40.59 *	2:33.89 *	2:27.19 *	2:20.49 *	200 M Fly	2:09.19 *	2:15.39 *	2:21.49 *	2:27.69 *	2:39.99 *	2:52.29
3:11.89 *	2:58.19 *	2:44.49 *	2:37.59 *	2:30.79 *	2:23.89 *	200 M IM	2:12.49	2:18.79	2:25.09	2:31.39	2:43.99	2:56.59
6:47.89	6:18.79	5:49.69	5:35.09	5:20.49	5:05.99	400 M IM	4:40.59	4:53.89	5:07.29	5:20.59	5:47.29	6:14.09

15-16 Boys

17-18 Girls

36.19	33.59	30.99	29.69	28.39	27.09	50 M Free	24.29 *	25.49	26.59 *	27.79	30.09	32.39
1:18.59	1:12.99	1:07.39	1:04.59	1:01.79	58.99	100 M Free	52.69 *	55.19 *	57.69 *	1:00.19 *	1:05.29 *	1:10.29
2:49.59	2:37.49	2:25.39	2:19.29	2:13.19	2:07.19	200 M Free	1:55.99 *	2:01.49 *	2:06.99 *	2:12.49 *	2:23.59 *	2:34.59
5:57.09 *	5:31.59 *	5:06.09 *	4:53.39 *	4:40.59 *	4:27.89 *	400 M Free	4:06.89 *	4:18.69 *	4:30.39 *	4:42.19 *	5:05.69 *	5:29.19
12:16.89 *	11:24.29 *	10:31.59 *	10:05.29 *	9:38.99 *	9:12.69 *	800 M Free	8:34.59	8:59.09	9:23.59	9:48.09	10:37.09	11:26.09
23:30.39 *	21:49.59 *	20:08.89 *	19:18.49 *	18:28.19 *	17:37.79 *	1500 M Free	16:25.99 *	17:12.99 *	17:59.89 *	18:46.89 *	20:20.79 *	21:54.69
1:26.59 *	1:20.39 *	1:14.19 *	1:11.09 *	1:08.09 *	1:04.99 *	100 M Back	58.99 *	1:01.79 *	1:04.59 *	1:07.39 *	1:12.99 *	1:18.59
3:06.89 *	2:53.59 *	2:40.19 *	2:33.49 *	2:26.89 *	2:20.19 *	200 M Back	2:07.89 *	2:13.99 *	2:20.09 *	2:26.19 *	2:38.39 *	2:50.59
1:38.69 *	1:31.69 *	1:24.59 *	1:21.09 *	1:17.59 *	1:14.09 *	100 M Breast	1:05.99 *	1:09.09 *	1:12.29 *	1:15.39 *	1:21.69 *	1:27.99
3:33.09	3:17.89	3:02.69	2:55.09	2:47.49	2:39.89	200 M Breast	2:23.69 *	2:30.59 *	2:37.39 *	2:44.19 *	2:57.89 *	3:11.59
1:24.29 *	1:18.29 *	1:12.19 *	1:09.19 *	1:06.19 *	1:03.19 *	100 M Fly	56.59 *	59.29 *	1:01.99 *	1:04.69 *	1:10.09 *	1:15.49
3:06.79 *	2:53.39 *	2:40.09 *	2:33.39 *	2:26.69 *	2:20.09 *	200 M Fly	2:06.29 *	2:12.39 *	2:18.39 *	2:24.39 *	2:36.39 *	2:48.39
3:10.69	2:56.99	2:43.39	2:36.59	2:29.79	2:22.99	200 M IM	2:10.29 *	2:16.49 *	2:22.69 *	2:28.89 *	2:41.29 *	2:53.69
6:45.19	6:16.29	5:47.29	5:32.89	5:18.39	5:03.89	400 M IM	4:37.09 *	4:50.19 *	5:03.39 *	5:16.59 *	5:42.99 *	6:09.39

17-18 Boys

SCRATCH RULE

- 1) Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.
 - 2) **Pre-Seeded Event:** Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmers they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.
 - 3) **Events Seeded on the Deck**
 - a) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
 - b) Any agent of a team (coach, parent, swimmer, etc) who check in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against the team, as the discretion of the Meet Referee.
 - c) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmers the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the check-in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
 - 4) **Scratching from Finals**
 - a) Any swimmer qualifying for a bonus, consolation, or championship final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete ". If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined \$25.00 by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.
 - b) In the event of withdrawal or barring a swimmer from competition, the Referee shall fill the bonus, consolation, or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with final qualifiers. These alternates shall not be penalized if unavailable to compete at finals.
 - c) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - d) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- 5) **Exceptions for Failure to Compete:** No penalty shall apply for failure to withdraw or compete in an individual event if a) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- b) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within 30 minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within 30 minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.
 - c) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the sw

Summary of Fees/Release Form

CCS Age Group and Open Swim Meet

Team Name	
Club Representative	
Club Rep Email (for questions about entries)	
Coach Attending	
Coach Phone	
Coach Email	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$8.00 per event	
Relay Entries		\$0.00 per relay	
LESI Swimmer Surcharge (exclude Outreach)		\$3.00 per swimmer	
Host Team Facility Surcharge (exclude Outreach)		\$0.00 per swimmer	
Total Fees Due			

(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members **IN GOOD STANDING**. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Canton City Swimming, CT Branin Natatorium Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to: **Swim CCS** and mailed to Swim CCS. c/o CT Branin Natatorium, 1715 Harrison Ave NW, Canton, Ohio 44708.

Lake Erie Swimming Meet Accommodation Form for Swimmer with a Disability

Meet Name:	
Date of Meet:	
Team:	
Swimmer's Name:	
Swimmer's Ability Grouping (P1, P2, P3)	
Coach's Name:	
Coach Cell:	

What, if any, accommodations are needed for the swimmer (include access to facility) up to the time they arrive at the starting block?

What modification of the technical rules per Article 105 (in accordance with 105.1.2) are needed for the swimmer with a disability for this event?

Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.