

Kelly Kinney Memorial "Splash Out Cancer" Swim Meet

Sponsored by
Swim United

November 4th and 5th, 2023

Held under USA Swimming Sanction #LE 24004 SS

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting for this sanction, SwimUnited agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, LESI, the State of Ohio and Cuyahoga County.

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND LE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

LOCATION: Walter F. Ehrnfelt Recreation and Senior Complex,
18100 Royalton Road, Strongsville OH 44136

POOL: 25 yards by 8 lanes, electronic timing and great seating with handicap access, continuous warm-up pool, locker rooms. Food and swimwear concessions available, close parking. The competition course has not been certified in accordance with 104.2.2C (4). The depth of the pool at the start end is 4 feet, 6 inches. The depth at the turn end is 13 feet, 0 inches.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTING TIMES: Warm-ups for 11-13 and 14&over sessions (1, 3, 4, 6) will be split in two 30 minute segments by team. Warm-ups for 10&under sessions (2,5) will be split in two 20 minute segments by team with a separate 10 minutes of starts after both segments. Swimmers must warm up with their team during the assigned period. Warm up assignments by team and estimated afternoon start times will be posted on <http://www.lakeeriewswimming.com> by Wednesday, November 1, 2023. Both Saturday and Sunday morning session warm-up will be 7:00 – 8:00 a.m., with competition starting at 8:05 a.m. 10&under Session warm-up will begin 15 minutes after the conclusion of the 11-13 year old session, with competition starting 5 minutes after the two-20 minute segments by team and 10 minutes of starts. 14&over Session warm-up will begin 15

minutes after the conclusion of the 10&under session, with competition starting 5 minutes after the two-30 minute segments by team. The meet referee may begin the competition prior to the scheduled conclusion of warm-ups if all athletes have concluded their warm-up and all swimmers for the first competition are available.

ENTRY DEADLINE:

- This meet closes out before the deadline. Entries will be accepted on Sunday, October 15th at 8:00 pm. It is suggested that you sync your computer time with the official U.S. time clock found at <https://www.time.gov/>. Entries will not be accepted before 8:00 PM on Sunday, October 15th – no exceptions. The entry chairs time stamp will be used to determine the time received.
- Entries, electronic or otherwise, must be received by Monday, October 23rd, 2023. Telephone entries will not be accepted. The meet will be closed before the entry deadline if the sessions are estimated to be at four hours, so mail early. Times may be upgraded until the entry deadline. Swimmers may be added until the entry deadline or the meet is closed, whichever is first. Hard copy, meet summary sheet and check must be received by Wednesday, October 25th, 2023, or entries will be removed from the meet.
- Mail entries to: Dave Wohlfeil, 2140 Elbur, Lakewood, OH. 44107, or e-mail entries to swimunitedentries@gmail.com

TEAM SUPERVISION: Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RETURN TO PLAY LAW: Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ENTRY FEES: Individual events \$8.00 (\$1 of which goes to Seidman Cancer Center (SCC); Relays: \$15.00 (\$5 to SCC); plus a \$3.00 per swimmer LESI surcharge. There is a \$1.00/swimmer handling fee for entries not furnished in an electronic file. Make checks payable to: SwimUnited.

ENTRY LIMITATIONS: Swimmers may enter up to **3 events/day**, exclusive of relays for all sessions.

DECK ENTRIES: Deck entries are **NOT** permitted

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host. On deck USA Swimming athlete registration will not be available. Age is as of the first day of the meet, November 4th, 2023.

Safe Sport now requires that all applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

QUALIFYING TIMES: There are no qualifying times for this meet; however, in order to help us with seeding, please include an estimated time even if it is a practice time for those swimmers who have no time in the event. NT's will not be accepted.

SWIMMERS WITH A DISABILITY: Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or

faster than the listed qualifying time for the longer yardage event (200 free). Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures. Events will be contested in a 25-yard course. All events are timed finals that will be held slowest to fastest. All events, though combined in age, will be scored as single age events unless otherwise listed in the schedule of events. ** 25 yard events will be held from the starting block end of the pool. **

**Swimmers in all age groups are advised not to enter back-to-back events. Mixed relays must consist of 2 boys and 2 girls.

SEEDING & CHECK IN: All events will be deck-seeded. Check-in sheets will be posted by event in the downstairs lobby outside of the pool. All swimmers must check in for all events that they will be swimming. All swimmers must check in 45 minutes prior to the start of the session. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

CLERK OF COURSE: There will be a Clerk of Course for the 10&under sessions only. The clerk of course will be located behind the water slide.

SCORING: Individual Events: 9-7-6-5-4-3-2-1. Relays 18-14-12-10-8-6-4-2. 8 & Under events will not be scored.

AWARDS: Individual Events: Medals will be awarded for the top three and ribbons for 4 thru 8 for finishers in each event for the 11-13 and 10&under Sessions only. Relay Events: Medals will be awarded for the top three finishers in the 11-13 yr old Sessions only. Awards will be given to coaches at the end of the meet. Any awards not picked up that day will NOT be mailed.

Individual Events: awarded/scored in the following formats:

- 8 & Under events will be awarded 7 & Under, 8
- 10 & Under events will be awarded/scored 7 & Under, 8, 9, 10
- 11-13 events will be awarded/scored 11, 12, 13
- Medals will be awarded for the top three finishers, Ribbons for 4 thru 8.
- Heat winner awards for the 10&under sessions.

Individual Events: scored in the following formats:

- 14 & Over events will be scored 14, 15, 16 & Over
- **No Awards for 14 & Older Age Groups. Including Relays**

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ADMISSION COST: None A concession stand will be open during the meet and a swimwear vendor will be available.

PARKING: Public off street parking is ample and free of charge. Do not park in areas not clearly marked as a parking spot.

RESULTS: Results will not be posted on site but will be posted on Lakeerieswimming.com. Teams may request a backup at the conclusion of the meet.

TIME TRIALS: No time trials will be offered.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. All entry into the pool for warm-up is feet first from the starting block end of the pool. No diving shall be permitted during warm-up except in those lanes designated for sprint starts or relay exchange practice. Swimmers must enter the pool feet first in a cautious manner by carefully stepping into the water or using a three-point entry with one hand in contact with the pool edge. The final 20 minutes of a 40 minute warm-up or 15 minutes of a 30 minute warm-up shall be conducted as follows:

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- I Lanes 3-6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Feet first entry with one hand in contact with the pool edge while entering into the continuous warm-up lanes.

MEDICAL SUPERVISION: A Meet Safety Director and lifeguards will be present to respond to an emergency or provide first aid in the event that is needed.

CAMERA ZONES: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

DECK CHANGES: Deck changes are prohibited.

INITIAL DISTANCE: In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

OFFICIATING OPPORTUNITY

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet if at all possible to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's name and email: Jodie Wohlfeil; d_wohlfeil@att.net

Official's Chair: Jen Butler, jbutler@case.edu

COACHES: Packets and sign in will be available at the announcer's table.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Jodie Wohlfeil, d_wohlfeil@att.net

ENTRY CHAIR: Dave Wohlfeil, swimunitdentries@gmail.com

DIRECTIONS: I-71 to Route 82 (Royaltown Road West) exit. Exit west on Route 82, past SouthPark Mall. Turn right at the light by the entrance of Target and follow the directions/signs to the Walter F. EhrnFelt Recreation Center and Complex. Watch for designated parking for this meet.

THE WALTER F. EHRNFELT RECREATION AND SENIOR COMPLEX
SAFETY AND EMERGENCY INFORMATION

SPECTATOR-EMERGENCY EVACUATION PLAN

IN THE EVENT OF AN ALARM OR EMERGENCY REQUIRING EVACUATION:

PLEASE REMAIN CALM, WALK TO THE NEAREST EXIT AND LEAVE THE BUILDING

DO NOT USE ELEVATORS

DO NOT ATTEMPT TO GO ON DECK OR INTO THE LOCKER ROOMS

EVACUATION ROUTES

AQUATIC CENTER: Use any of the four (4) doors on the north end of the facility facing the woods or the double set of doors on the east end of the aquatic center next to the steam room.

BLEACHERS: Exit through the doors at the top of the bleachers into the main lobby and exit through the front doors.

CULTURAL CENTER: Exit through either of the two sets of double doors facing Southeast (SE) and Southwest (SW) into the parking lot.

AUXILIARY GYM: Exit through any of the exit doors facing Southwest (SW).

Kelly Kinney Memorial "Splash Out Cancer" Swim Meet

SCHEDULE OF EVENTS

Saturday November 4th, 2023

Session 1 (11-13 year old)

Saturday AM: 7:00 AM split warm-up, Meet begins at 8:05 AM

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time None	Boys #
1		11-13 100 Backstroke		2
3		11-13 50 Butterfly		4
5		**11-13 200 Butterfly		6
7		**11-13 50 Breaststroke		8
9		11-13 100 Freestyle		10
11		**11-13 200 Freestyle		12
13		***11-13 MIXED 200 Medley Relay		

****Swimmers in all age groups are advised not to enter back-to-back events. ***MIXED Relays must consist of two boys & two girls**

Saturday November 4th, 2023

Session 2 (10&under)

Session 2 warm-up will begin 15 minutes after the conclusion of session 1.

Competition will begin 5 minutes after the completion of the two 20-minute warm-ups plus 10 minutes of starts

Estimated start times will be listed at www.lakeeriewimming.com on November 1, 2023

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time None	Boys #
15		10 & Under 100 Backstroke		16
17		**10 & Under 50 Freestyle		18
19		**8 & Under 25 Butterfly		20
21		**10 & Under 100 Freestyle		22
23		**8 & Under 25 Backstroke		24
25		**10 & Under 50 Breaststroke		26
27		**10 & Under 200 Freestyle		28

****Swimmers in all age groups are advised not to enter back-to-back events. ***MIXED Relays must consist of two boys & two girls**

Saturday November 4th, 2023

Session 3 (14&over)

Session 3 warm-up will begin 15 minutes after the conclusion of session 2.

Competition will begin 5 minutes after the completion of the two 30-minute warm-ups.

Estimated start times will be listed at www.lakeeriewimming.com on November 1, 2023

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time None	Boys #
31		**14 & Over 200 Butterfly		32
33		14 & Over 100 Backstroke		34

35		14 & Over 200 Freestyle		36
37		14 & Over 100 Breaststroke		38
39		14 & Over 100 Freestyle		40
41		***14 & Over MIXED 200 Medley Relay		

****Swimmers in all age groups are advised not to enter back-to-back events.**

****No Awards for 14 & Older Age Groups. Including Relays****

*****MIXED Relays must consist of two boys and two girls**

Kelly Kinney Memorial "Splash Out Cancer" Swim Meet
SCHEDULE OF EVENTS
Sunday November 5th, 2023 - - Session 4 (11-13 year old)
 Sunday AM: 7:00 AM split warm-up, Meet begins at 8:05 AM

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time None	Boys #
43		11-13 200 Individual Medley		44
45		11-13 50 Freestyle		46
47		**11-13 200 Breaststroke		48
49		**11-13 100 Breaststroke		50
51		11-13 50 Backstroke		52
53		**11-13 200 Backstroke		54
55		***11-13 MIXED 200 Free Relay		

****Swimmers in all age groups are advised not to enter back-to-back events.**

*****MIXED Relays must consist of two boys and two girls**

Sunday November 5th, 2023 - - Session 5 (10&under)

Session 5 warm-up will begin 15 minutes after the conclusion of session 4.

Competition will begin 5 minutes after the completion of the two 20-minute warm-ups plus 10 minutes of starts

Estimated start times will be listed at www.lakeerieswimming.com on November 1, 2023

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time None	Boys #
57		8 & Under 25 Freestyle		58
59		10 & Under 200 Individual Medley		60
61		**10 & Under 50 Butterfly		62
63		**10 & Under 100 Breaststroke		64
65		**8 & Under 25 Breaststroke		66
67		**10 & Under 50 Backstroke		68

****Swimmers in all age groups are advised not to enter back-to-back events. ***MIXED Relays must consist of two boys & two girls**

Sunday November 5th, 2023

Session 6 (14&over)

Session 6 warm-up will begin 15 minutes after the conclusion of session 5.

Competition will begin 5 minutes after the completion of the two 30-minute warm-up.

Estimated start times will be listed at www.lakeerieswimming.com on November 1, 2023

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time None	Boys #
71		14 & Over 200 Individual Medley		72
73		**14 & Over 200 Breaststroke		74

77		14 & Over 50 Freestyle		78
81		14 & Over 200 Backstroke		82
85		14 & Over 100 Butterfly		86
87		***14 & Over MIXED 200 Free Relay		

****Swimmers in all age groups are advised not to enter back-to-back events.**

****No Awards for 14 & Older Age Groups. Including Relays****

*****MIXED Relays must consist of two boys and two girls**

**Kelly Kinney Memorial "Splash Out Cancer" Swim Meet
HOSTED BY SwimUnited
November 4th & 5th, 2023**

MEET ENTRY SUMMARY PAGE

Team Name: _____ Team Code: _____ LSC Code: _____

Contact Person: _____ Phone: _____ Email _____

Address: _____ City: _____ State: _____ Zip _____

_____ (Total # of swimmers) X \$3.00 (LESI Surcharge) = \$ _____

_____ (Total # of individual events) X \$8.00/event = \$ _____

_____ (Total # of relay events) X \$15.00/relay entry = \$ _____

_____ (Total # of swimmers) X \$1.00 (handling fee for paper entries) \$ _____

TOTAL AMOUNT REMITTED: \$ _____

Swimmers will be without a coach on deck:

Fri. p.m., Sat. am, Sat. p.m., Sun. am, Sun p.m.

I have arranged for my swimmer/s to be supervised by _____.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND LAKE ERIE SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: _____ (coach or member team representative). DATE: _____

Make checks payable to **SwimUnited**.

Please note: All entries submitted with this sheet should be covered by a single check.

DEADLINE FOR RECEIPT IS Monday, October 23rd, 2023.

This sheet must accompany all entries including HY-TEK Meet Manager electronic entries, hard copy & check.

Mail entries to: Dave Wohlfeil, 2140 Elbur, Lakewood, OH. 44107, e-mail entries to swimunitedentries@gmail.com

LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmers they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.
- B. Events Seeded on the Deck –
- (1) Events seeded on the deck shall be closed for seeding no earlier than forty-five (45) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
 - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against that team at the discretion of the Meet Referee.
 - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals and Finals
- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
 - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
 - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.
 - (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

