

CFYN Tigershark High School
Pre-season/Post-season Program

Cost:

- \$210 first swimmer
\$200 each additional swimmer
- YMCA membership arranged with the YMCA (Required)

Includes:

- Pre-season Practices: **September 4th – October 24th**.
 - *University of Akron: Monday – Friday 4-6 pm.*
 - *Option to attend age group evening senior practice if you can not make it to the afternoon practice.*
 - *Swimmers should bring clothes that allow for dryland workouts. Coaches will mix dryland in throughout the season as needed.*
- All YMCA Pre-season and Post-season meets
- Awards
- Team t-shirt
- Post-season practices
- Optional USA meets - \$20 for flex membership or \$67 for premium membership.

Meet Work Requirements:

Participants in the High School Pre/Post-Season Program are required to provide at least one person to work 2 shifts at Tigershark hosted meets. Please see the team service hour contract for more information.

Participation Requirements:

The coaches expect you to attend at least 8 practices every 2 weeks and compete in a minimum of 3 meets during the pre-season. Swimmers are also expected to compete in any Championship meets they qualify for. Failure to compete in the minimum number of meets and volunteer for at least 2 meets will affect swimmers ability to receive booster discounts and other team perks for future seasons/programs.

Escrow Accounts:

Dual meets do not have any additional charges, however YMCA & USA Invitationals will have per event fees which you will be responsible to pay through your escrow accounts.